

Snap-Stop<sup>®</sup>

#### **Your Manufacturer and Master Distributor** for Physiotherapy, Sports & Fitness Products

Version 2020/10

Thank you for taking the time to go through our new catalogue for 2020-2021!

Since 1996, MVS In Motion has been your solid business partner as manufacturer and master distributor for a wide range of physiotherapy, rehabilitation and sports & fitness products. Those products reach the end-users through you, our valued distributors and dealers.

2020 has been a remarkable year due to the health crisis caused by the Covid-19 pandemic. We all have learned to adapt to this new reality, which will continue to influence the business environment we all operate in. You can rely on us to remain your solid business partner.

This catalogue will again bring some new products to our range: we are proud to introduce the revolutionary Wheeleo, a rolling cane, and are adding new Oximeter Junior, Shotgun Thermometer, Blood Pressure meter and Neurological Hammers to our Measurement range, just to list a few. Page 5 shows all the new products. We continue to offer Private Label products as well, contact us for inquiries.

An important milestone in our sector, the EU's new Medical Device Regulation (MDR) is delayed for one year and will now come into effect May 2021. We are in the process of ensuring that all our Medical Devices will be compliant by May 2021, in fact some are already meeting the new requirements today.

In relation to MDR, we are also working hard to obtain ISO13485-certification in 2021.

We have had our challenges so far but we did not sit back, and worked hard to improve our business and serve you better. We will continue to do so in 2021!

Greetings on behalf of the entire team.

Sincerely, Sandra Vrancaert CEO/Owner



Sandra Vrancaert CEO / Owner andra.vrancaert@mvs-in-motion.com



Tom Lambrechts Business Development / Sales tom.lambrechts@mvs-in-motion.com



Manuela Stobbelaar Logistics ogistics@mvs-in-motion.com



Monique Breuer Customer Service customer.service@mvs-in-motion.com



Patrick Steenackers Warehousing



Griet Van de Velde Marketing marketing@mvs-in-motion.com

tom.benoy@mvs-in-motion.com

Tom Benoy

Sales



Patrick Verlinden Administration info@mvs-in-motion.com



Andy Huari Warehousing







MVS In Motion | Westdijk 150, 2830 Tisselt (Willebroek) | Belgium - Europe [T] +32 3 866 40 76 | www.mvs-in-motion.com | info@mvs-in-motion.com

## CONTENT



## OUR OWN BRANDS



www.moves-you.com

www.moves-band.com

www.mambomax.com

MoVeS products are aimed towards physiotherapy and rehabilitation, predominantly resistive exercise. Resistive exercise products have various levels of resistance, which also makes them perfect for fitness. MoVeS products are generally CE certified.

The virtual home of our MoVeS and MoVeS F!T product

line. This B2C platform connects our distributors directly

to the end users, with product information, a shop

locator and numerous free downloadable exercises. The

Completely revitalised! This is the virtual home of our

Mambo Max product line. This B2C platform connects

our products directly to the end users, with product

information and numerous free downloadable exercises.

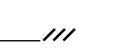
DOWNLOAD

website has been upgraded and is mobile friendly.



Our Mambo Max products are the go-to-products for wellness, fitness and strength training at an affordable price tag. Combine various products for a complete work-out, without leaving your home.

### ONLINE



#### www.mvs-in-motion.com

MVS In Motion's B2B site, with all available products and digital catalogue. Ask for your login to download all high resolution pictures, product information, logos, videos and many more marketing tools.

#### Social Media

\_EGEND



///

Here you will find our latest news and useful information. Like or follow our pages for a higher brand awareness to create more demand. Our pages are continuously monitored to answer your questions as soon as possible. We are active on LinkedIn and YouTube. Other social media channels can be added later.

By making exercises available on our websites, not only do we reduce our ecological footprint by cutting down on the number of unused prints, it also allows us to keep costs low and offer you better value-for-money.

In order to keep all the information in this catalogue as clear and easy accessible as possible, we use a system of icons that are shown next to the product where applicable.















**PearlPack Knee/Elbow Wrap** 



**Blood Pressure Monitor** 





73

## NEW PRODUCTS

#### **Spiky Foam Roller**

///



Electric **Compressor Pump** 



#### **Fingertip Pulse Oximeter** Junior



#### **Troemner Hammer**



# MoVeS



#### LEADER IN TECHNOLOGY

#### What is Snap-Stop<sup>®</sup>?

Snap-Stop<sup>\*</sup> makes exercising with latex bands much safer. This unique feature will avoid sudden snapping, even if there's a cut or puncture. When working out with a resistive exercise band, the band has to endure extremely high tensions. A small cut can have a big consequence...

MoVeS and MoVeS F!T Bands are unique in their field. Thanks to our extensive research and development we have achieved an innovative production process: when used properly, the latex band will not suddenly snap, even when exposed to high forces. This does not apply to a very old band, or band that has been exposed outdoors for some time, as well as an abused band. Using a fresh and clean sheet of band is recommended.

Snap-Stop<sup>®</sup> for safer resistive exercising.

#### One-Stop-Shop for all your bands and tubes

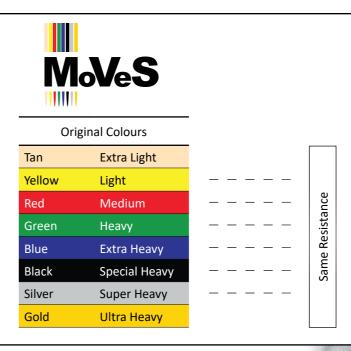
MVS In Motion is your one-stop-shop for all resistive exercise products. With MoVeS we offer both original colour and F!T colour sequence. In addition, we offer a wide range of Latex-Free resistive exercise bands in original colours. Our tubes and loops are also available in the original and F!T colour sequence.

F!T exind ce.

The latex bands, tubes and (super)loops are made of high quality latex from huge rubber tree plantations in Malaysia. All products have an extraordinary elasticity and linearity. The Snap-Stop® feature on our latex bands, dipped production process for our tubes and the multi-layered structure of our (super)loops makes them your ideal partner for your physiotherapy trainings or intensive work-outs. The different resistances allow you to use MoVeS for rehabilitation as well as for fitness.

MoVeS Latex-Free is made from TPE, to the same high quality standards as the regular MoVeS bands. Never before were the characteristics from Latex-Free bands so close to those from their latex counterpart.

**MoVeS Band:** 8 resistances (Tan - Gold) & 5 lengths (1,5m - 2,5m - 5,5m - 22,5m - 45,5m) **MoVeS F!T Band:** 6 resistances (Peach - Grey) & 4 lengths (1,5m - 2,5m - 5,5m - 45,5m) **MoVeS Latex-Free Band:** 5 resistances (Yellow - Black) & 3 lengths (1,5m - 5,5m - 45,5m)





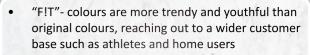
- Well-known colours used by physiotherapists all over the world
- Packaging with two tone layout brings more variety
- MoVeS brings premium quality to an affordable price range.





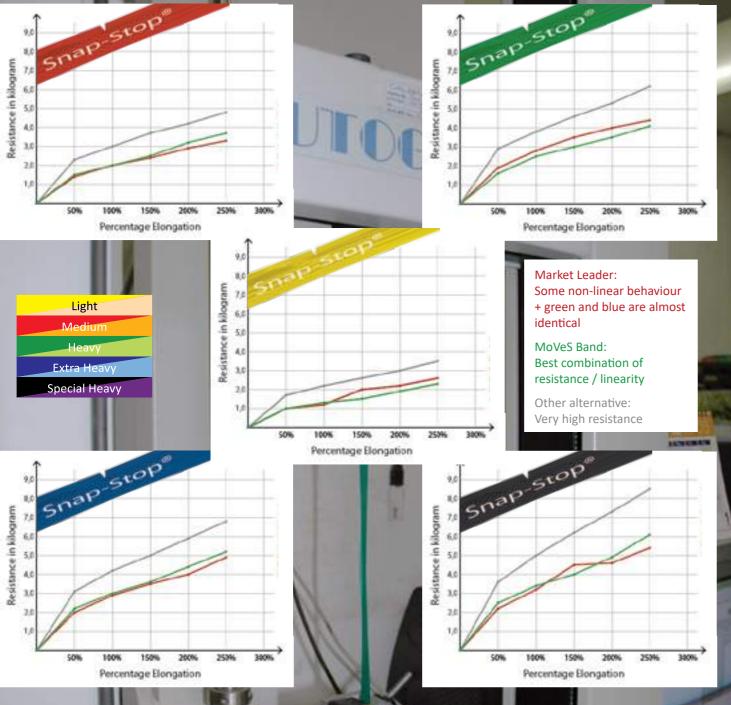






 Sell MoVeS F!T next to MoVeS to widen customer base = EXTRA SALES

#### Resistance - MoVeS Band vs. Market Leader





MoVeS Bands can be stretched up to 600% elongation! MoVeS Bands are therefore your perfect partner for a rehabilitation programme or a full body work-out. Even after an effective training with amazing results, MoVeS Bands allow you to use the same band again. When you prestretch your band, you will be able to achieve higher forces without having to worry about the 'elastic stop', the point where the band feels like a regular string. Most competitor's bands are not to be stretched more than 3 times their resting length, while a MoVeS Band achieves easily the double, maintaining its amazing elasticity.

These specifications apply to all MoVeS resistances. The high-quality material enables you to have a much wider array of resistances and possibilities compared to the competitors. At the start of your exercise, the band already gives some resistance, which allows you to achieve much better results than when the band is at its resting length.

#### Note:

- 50% elongation = 1,5 x lay-flat length
- 100% elongation = 2 x lay-flat length
- 150% elongation = 2,5 x lay-flat length

11 00 00 m ex ex

MoVeS Bands are premium quality, low powder (in fact, less than 2mg/dm<sup>2</sup>, so we're officially powder-free) latex resistive exercise bands. The unique Snap-Stop\* fabrication process makes this product extremely tear resistant. Using the MoVeS Bands for resistive exercises provides positive as well as negative forces on the muscles and improves the range of motion, the strength and the cooperation of the muscle groups. The 8 different resistance levels are determined by the thickness of the band. MoVes bands are available in 5 lengths and come with a full colour manual. The band has a width of +/- 127mm.

Dispenser 25 bands of 1,5m in a nicely designed OTC dispenser box. Each band comes in a separate polybag.

- 1,5m 10 pre-cut bands of the same resistance or 5 pieces of different resistance (yellow, red, green, blue and black). Each band comes in a separate polybag with header and barcode.
- 2,5m 10 pre-cut pieces of the same resistance or 5 pieces of different resistance (yellow, red, green, blue and black). Each band comes in a separate polybag with header and barcode.
- 5,5m One small roll of our premium band.
- 22,5m One medium roll of our premium band.
- 45,5m One large roll of our premium band.



0										
			MOVES BAND							
COLOUR	RESISTANCE	1,5m Dispenser 25pcs	1,5m 10-pack	2,5m 10-pack	5,5m Box Small Roll	22,5m Box Medium Roll	45,5m Box Large Roll			
Tan	Extra Light	n/a	n/a	n/a	01-100501	n/a	01-104501			
Yellow	Light	01-100102	01-101502	01-100202	01-100502	01-102202	01-104502			
Red	Medium	01-100103	01-101503	01-100203	01-100503	01-102203	01-104503			
Green	Heavy	01-100104	01-101504	01-100204	01-100504	01-102204	01-104504			
Blue	Extra Heavy	01-100105	01-101505	01-100205	01-100505	01-102205	01-104505			
Black	Special Heavy	01-100106	01-101506	01-100206	01-100506	01-102206	01-104506			
Silver	Super Heavy	n/a	01-101507	01-100207	01-100507	01-102207	n/a			
Gold	Ultra Heavy	n/a	n/a	n/a	01-100508	01-102208	-rop"			
	5 resistances ow to black)	n/a	01-101511 (5-pack)	01-100211 (5-pack)	n/a	01-102208 SnaP	n/a			

### **MoVeS Band**



	TOTAL KG / ELONGATION %							
COLOUR	50%	100%	150%	200%	250%			
Yellow	1,0	1,3	1,5	1,9	2,3			
Red	1,5	2,0	2,5	3,2	3,7			
Green	1,6	2,5	3,0	3,5	4,1			
Blue	2,2	3,0	3,6	4,4	5,2			
Black	2,5	3,4	4,0	4,9	6,1			
Silver	4,1	5,8	7,2	7,9	9,5			
Gold	5,8	7,9	10,0	12,0	14,0			

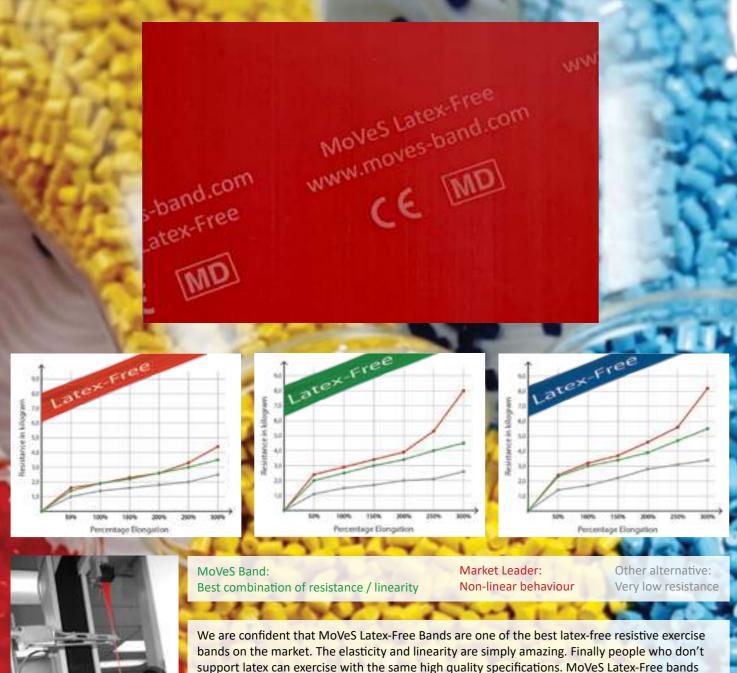


 $C \in$ 

#### **Resistance - MoVeS Latex-Free Band vs. Market Leader** —

Research and development is high on our list for MoVeS products. As an example, these continuous efforts have brought us the Snap-Stop feature for the regular MoVeS Band.

Now, we have improved our Latex-Free Bands. The MoVeS Latex-Free Band has been optimised by using an innovative mix of raw material. Following customer demand, the grip has been improved. Resistance levels are similar to the 'old' latex-free band.



start from high quality thermoplastic elastomer (TPE), so it's non-toxic and completely PVC and

The linearity from how the strength per elongation evolves is one of the most important

specifications as it offers the possibility to apply a very extended range of exercises without

🔨 🐠 🍊 🍏 🐠 MoVeS Latex-Free Band

Thanks to our technological leadership, we achieve a Latex-Free exercise band with characteristics that were never before so close to its latex counterpart. With an exceptional 'resistance vs. elongation' linearity, we are confident our MoVeS Latex-Free Band is the best product to fulfil your needs.

The 5 different resistance levels are determined by the thickness of the band. These bands are available in 3 lengths and come with a full colour manual. The band has a width of +/- 100mm.

- 1,5m 10 pre-cut bands of the same resistance or 5 pieces of different resistance (yellow, red, green, blue and black). Each band comes in a separate polybag with header.
- 5,5m One small roll of our latex free band.
- 45,5m One large roll of our latex free band.

COLOUR		TOTA	l kg / el	ONGATI	ON %	
COLOUR	50%	100%	150%	200%	250%	300%
Yellow	1,3	1,7	1,9	2,3	2,8	3,2
Red	1,4	1,9	2,2	2,6	3,0	3,5
Green	2,0	2,5	3,0	3,4	4,0	4,5
Blue	2,3	3,0	3,4	3,9	4,7	5,5
Black	2,4	3,4	3,9	4,3	5,1	6,1



		MOVES LATEX-FREE BAND				
COLOUR	RESISTANCE	1,5m	5,5m Box	45,5n		
		10-pack	Small Roll	Large		
Yellow	Light	01-121502	01-120502	01-12		
Red	Medium	01-121503	01-120503	01-12		
Green	Heavy	01-121504	01-120504	01-12		
Blue	Extra Heavy	01-121505	01-120505	01-12		
Black	Special Heavy	01-121506	01-120506	01-12		
Set of 5	5 resistances	01-121511	n/2			
(yellow to black)		(5-pack)	n/a	n/		



risking an injury due to strange unexpected product behaviour. Latex-free alternatives will reach their 'elastic stop' more quickly; this is the point where the band feels like a regular string. We notice a growing demand and trend for latex free products. For instance, more and more hospitals and centers aim to be completely latex free to avoid possible allergic reactions for their patients or staff. After extensive research and development, we were able to launch our MoVeS Latex-Free Bands. A product which we are extremely proud of.

phthalate free.







#### **MoVeS** Tube



The MoVeS Tube is a high quality tube created by an intensive dipping process. The dipping process guarantees a multi-layered tube, which ensures a strong and safe training product. Extruded tubes are very susceptible to damage and can easily snap, this is not the case for our multi-layered dipped tubes. In general, dipped tubes are even more durable than bands, especially when used on a coarse surface.

MoVeS Tubes are available as a ready to use product - 120cm length with handles straight out of a polybag - and in rolls - 7,5m or 30m packed in a nicely designed box.

The table below shows the exceptional strength to elongation linearity from our tubes.

COLOUR -	TOTAL KG / ELONGATION %						
COLOUR	50%	100%	150%	200%	250%	300%	
Yellow	1,0	1,5	1,9	2,3	2,9	3,6	
Red	1,4	2,0	2,5	2,8	3,4	4,0	
Green	2,4	3,4	4,0	4,9	5,5	6,5	
Blue	2,9	3,9	4,7	5,6	5,9	7,4	
Black	3,4	4,4	5,4	6,2	7,1	8,1	
Silver	4,0	5,4	6,5	7,7	8,1	9,5	

Combine a roll with our Safety Handles for superior grip (p22).

MoVeS Tubes with very useful for and muscle training. quality and very

Handles are physiotherapy These high resistant

tubes are created to train all muscles in your body and improve body flexibility. The lighter resistances are perfect for physiotherapy or a light work-out, while the highest resistances will even convince the more trained athlete.



III CD EX

We offer wide loops (7,5cm) next to our regular loops (2,5cm) with the same resistances. Some users may prefer the wider loops for spreading the forces more evenly on their body parts, while others prefer the thicker narrow loops which won't roll-up while being stretched.

As your supplier for bands, tubes and loops, these wide loops fit perfectly in our range of resistive products to satisfy all users. Wide loops are also multi-layered and available in 6 resistances: from Extra Light (Tan) to Special Heavy (Black).

#### MoVeS Wide Loops:

High quality, cost effective and easy to use! Lay-flat-length: 30cm Width: 7,5cm One unit contains 10 individually packed pcs of the same colour/resistance

1. Contraction of the second sec			
		100	

COLOUR	RESISTANCE	MOVES WIDE LOOP	UNIT
Tan	Extra Light	01-100071	10 pcs
Yellow	Light	01-100072	10 pcs
Red	Medium	01-100073	10 pcs
Green	Heavy	01-100074	10 pcs
Blue	Extra Heavy	01-100075	10 pcs
Black	Special Heavy	01-100076	10 pcs

MoVeS Loops are extremely portable and unbelievably versatile products. They are very effective instruments for stretching and strengthening all muscle groups. The MoVeS Loop Set really is a "Gym on-the-go".

Our loops are also thicker loops

on-the-go

multi-layered which results in a more durable product. These won't roll-up during exercising, avoiding the uncomfortable feeling from thinner alternatives.

They are available in 6 resistances: from Extra Light (Tan) to Special Heavy (Black). The loop set combines our most popular colours in a compact mesh bag. This affordable set is very useful to bring along wherever you go.

#### **MoVeS Loops:**

High quality, cost effective and easy to use! Lay-flat-length: 30cm Width: 2,5cm

COLOUR	RESISTANCE	MOVES LOOP	UNIT							
Tan	Extra Light	01-100001	10 pcs		TOTAL KG / ELONGATION %					
Yellow	Light	01-100002	10 pcs	COLOUR	50%	100%	150%	200%	250%	300%
Red	Medium	01-100003	10 pcs	Tan	2.2	3.2	3.8	4.6	5.4	6.4
Green	Heavy	01-100004	10 pcs	Yellow	2.8	4,0	4,8	5,8	6,8	8,0
Blue	Extra Heavy	01-100005	10 pcs	Red	3,4	4,8	5,8	6,8	8,0	9,2
Black	Special Heavy	01-100006	10 pcs	Green	4,4	6,4	7,8	9,2	10,8	12,4
Loop Set of 4 resistances		01 100011		Blue	5,0	7,2	9,0	10,8	12,6	14,4
(yellow to blue) in mesh bag		01-100011	Set / 4 pcs	Black	6,1	8,9	11,0	13,0	15,0	17,3

12

### MoVeS Wide Loop



PLASTIC

FREE

**M**<sub>o</sub>V<sub>e</sub>S









### MoVeS Loop

Multi-Layered

One polybag contains 10 loose pcs of the same colour/resistance

### Made in Malaysia –



The production of MoVeS latex products start deep in the humid forests of Malaysia, where the best and strongest trees provide the natural latex rubber that will be processed from a milky fluid to your preferred resistive exercise band. When a tree is 5 - 6 years old, harvesting can begin: incisions are being made orthogonally in the bark of the tree, just deep enough to tap the latex vessels without harming the tree's growth. The fluid is collected in small buckets, a process known as rubber tapping.

Did you know that rubber trees combat greenhouse gases and thereby slowing down global warming? Additionally, latex harvesting helps prevent deforestation.





"This is why we are confident when using the words 'premium quality' when referring to MoVeS."

Only the best quality latex is being selected for MoVeS Bands. Production starts under the constant supervision of a team of scientists, ensuring an immaculate product quality.

Latex sheets are produced, powdered, washed, dried and cut to the exact width. The amount of powder used is below the 2mg/dm<sup>2</sup> limit, which makes the MoVeS Bands officially powder-free. Each batch of latex sheeting that is produced, is subject to the meticulous inspection of our scientists by a series of laboratory experiments: colour-coding, dryness, tensile strength, tearing resistance, snapping resistance, ...

During the rolling process, a 100% visual inspection is being conducted on both sides of the band. Indeed, before leaving the factory, every MoVeS product has been completely analysed, checked and examined to ensure premium product quality.



#### MoVeS F!T, for athletes and home use.

00 00 m ox ex

MoVeS FIT Bands are low powder (in fact, less than 2mg/dm<sup>2</sup>, so we're officially powder-free) latex resistive exercise band with the same premium quality as the original MoVeS Bands. The difference is purely the alternative, more youthful colour sequence.

The band comes in 6 different resistance levels which are determined by the thickness of the band, is available in 4 different lengths and comes with a full colour manual.

COLOUR -	T	Compares to				
COLOUR	50%	100%	150%	200%	250%	STANDARD
Peach	1,0	1,3	1,5	1,9	2,3	Yellow
Orange	1,5	2,0	2,5	3,2	3,7	Red
Lime Green	1,6	2,5	3,0	3,5	4,1	Green
Blueberry	2,2	3,0	3,6	4,4	5,2	Blue
Plum	2,5	3,4	4,0	4,9	6,1	Black
Grey	4,1	5,8	7,2	7,9	9,5	Silver

Our high quality 1,5m and 2,5m MoVeS F!T Bands are packed in retail packs. 10 pre-cut pieces of the same resistance or 5 pieces of different resistance that come in separate polybags with header for easy dispensing. Full-colour instruction manual is included. These 1,5m and 2,5m bands are easy to use and cutting is not required. The available colours are peach, orange, lime green, blueberry, plum and grey.



COLO	OUR	RESISTANCE	1,5m	2,5m	5,5m in Box	22,5m in Box	45,5m in Box
			10-pack	10-pack	Small Roll	Medium roll	Large Roll
Pea	ach	Light	01-111502	01-110202	01-110502	n/a	01-114502
Ora	nge	Medium	01-111503	01-110203	01-110503	n/a	01-114503
Lime (	Green	Heavy	01-111504	01-110204	01-110504	n/a	01-114504
Blueb	berry	Extra Heavy	01-111505	01-110205	01-110505	n/a	01-114505
Plu	um	Special Heavy	01-111506	01-110206	01-110506	n/a	01-114506
Gr	еу	Super Heavy	01-111507	01-110207	01-110507	01-112207	n' 000
9	Set of 5 resistances (peach to plum)		01-111511	01-110211	nla	n/-	Stor
			(5-pack)	(5-pack)	n/a n/a		/a
					1.		

### **MoVeS F!T Band**

Moves FIT

#### MOVES F!T BAND

CE

#### **MoVeS F!T Tube**



The MoVeS FIT Tube is a high quality tube created by an intensive dipping process. The dipping process guarantees a multi-layered tube, which ensures a strong and safe training product. Extruded tubes are very susceptible to damage and can easily snap, this is not the case for our multi-layered dipped tubes. In general, dipped tubes are even more durable than bands, especially when used on a coarse surface.

MoVeS F!T Tubes are available as a ready to use product in 30m rolls, packed in a great dispenser box. Safety Handles offer an unlimited amount of exercises and superior grip.

MoVeS F!T Tubes are available in 6 different colours. The table below shows the resistance and to which standard colour it relates.

COLOUR -	٦	Compares to				
COLOOK	50%	100%	150%	200%	250%	STANDARD
Peach	1,0	1,5	1,9	2,3	2,9	Yellow
Orange	1,4	2,0	2,5	2,8	3,4	Red
Lime Green	2,4	3,4	4,0	4,9	5,5	Green
Blueberry	2,9	3,9		5,6	5,9	Blue
Plum	3,4	4,4	5,4	6,2	7,1	Black
Grey	4,0	5,4	6,5	7,7	8,1	Silver



Box of 30m contains maximal 3 separate pieces. Minimal length of 1 piece is 4m.



COLOUR	RESISTANCE	MOVES F!T TUBE	- 205
COLOOK	RESISTANCE	30m roll	
Peach	Light	01-213002	
Orange	Medium	01-213003	
Lime Green	Heavy	01-213004	
Blueberry	Extra Heavy	01-213005	
Plum	Special Heavy	01-213006	cr
Grey	Super Heavy	01-213007	CE

Combine a roll with our



### MoVeS FIT Loop

Our high quality and cost effective loops are also available in F!T colours. MoVeS F!T Loops are easy to use and very versatile. You can stretch and strengthen all muscle groups.

Our loops are multi-layered, this results in a more durable product. Our thicker loops won't roll-up during exercising, avoiding the uncomfortable feeling from thinner alternatives.

Our loop set combines our most popular colours in a compact mesh bag. This affordable set is very useful to bring along wherever you go.

MoVeS F!T Loops:

High quality, cost effective and easy to use! Lay-flat-length: 30cm Width: 2,5cm One Polybag contains 10 loose pcs



	COLOUR	RESISTANCE	MOVES F!T LOOP	UNIT
	Peach	Light	01-110002	10 pc
	Orange	Medium	01-110003	10 pc
	Lime Green	Heavy	01-110004	10 pc
	Blueberry	Extra Heavy	01-110005	10 pc
ŝ		f 4 resistances perry) in mesh bag	01-110011	Set / 4

### MoVeS FIT Superloop

COLOUR			TOTAL KG / ELONGATION %				
COLOUR	SIZE IN MM	100%	200%	300%	400%	500%	
Peach	1040 x 15 x 3,0	7,3	10,0	14,4	19,1	29,2	
Orange	1040 x 22 x 4,0	13,0	20,7	27,1	35,0	66,3	
Lime Green	1040 x 30 x 4,4	22,5	33,0	44,0	56,2	97,0	
Blueberry	1040 x 40 x 4,4	25,6	40,0	53,0	76,0	132,0	
Plum	1040 x 53 x 4,4	38,0	56,0	79,0	105,0	167,0	

With the MoVeS F!T Superloop you can easily stretch and strengthen different muscle groups. It can be used for rehabilitation, fitness and strength training. The lay-flat-length from the MoVeS F!T Superloop is 104cm long (circumference is 208cm) and has an incredible elasticity.

The MoVeS FIT Superloops are multi-layered, this results in a more durable product. They are available in 5 different resistances: Peach, Orange, Lime Green, Blueberry and Plum.

COLOUR	RESISTANCE	MOVES F!T SUPERLOOP	UNIT
Peach	Light	01-110402	1 pc
Orange	Medium	01-110403	1 pc
Lime Green	Heavy	01-110404	1 pc
Blueberry	Extra Heavy	01-110405	1 pc
Plum	Special Heavy	01-110406	1 pc

00-00-05

16

Multi-Layered

cs cs CS

F bcs CE

CE

Moves FIT

Moves FIT









### **Multi-Grip Exerciser**

The Multi-Grip<sup>™</sup> Exerciser is designed to provide unlimited exercise options to users who want to do various high impact performance exercises. Each exerciser contains both large and small loops that are easy to grip. Use the small loops as an anchor or for finger exercises. Use the larger loops around the hands and feet to perform high impact upper and lower body exercises. Easily change resistance by moving 1 loop up or down the exerciser, or using a different resistance progressively exercise with 8 different color-coded resistance levels.

The Multi-Grip<sup>™</sup> Exerciser is made of an unscented cloth that can be washed and dried. It does not contain latex or a powder coating.



COLOUR	RESISTANCE	MULTI-GRIP EXERCISER
		30 Yard Roll (27,4m)
Tan	XX-Light	01-703001
Yellow	X-Light	01-703002
Red	Light	01-703003
Green	Medium	01-703004
Blue	Heavy	01-703005
Black	X-Heavy	01-703006
Silver	XX- Heavy	01-703007
Gold	XXX-Heavy	01-703008









	COLOUR	RESISTANCE	MOVES	UNIT
_	COLOON	RESISTANCE	ANKLECISER	ONIT
	Yellow	Light	01-500102	5 pcs
	Red	Medium	01-500103	5 pcs
	Green	Heavy	01-500104	5 pcs
	Blue	Extra Heavy	01-500105	5 pcs
	Set of 4 resistances		01-500111	4 pcs
_				





1 size Ø; 6 Colours / Resistances

COLOUR	RESISTANCE	MOVES BAR
Tan	Extra Light	01-600101
Yellow	Light	01-600102
Red	Medium	01-600103
Green	Heavy	01-600104
Blue	Extra Heavy	01-600105
Black	Special Heavy	01-600106



of m ex The MoVeS Cuff-Ring Tube is a versatile exercise tool to tone and strengthen all the

most sizes.

muscles of the lower body.

With velcro closure that fits

### **MoVeS Ring Tube**



For intensive training of isolated muscles. Efficient for all muscles of upper- and lower body. The centre of the MoVeS 8-Ring Tube offers lots of possibilities for short and long pull exercises.

Ideal for abdomen, bottom, hip and leg exercises. With the MoVeS O-Ring Tube you get an intensive training of each muscular group.



		10 C		
COLOUR	RESISTANCE	O-RING	FIGURE 8-RING	CUFF-RING
COLOUR	RESISTANCE	TUBE LOOP	TUBE LOOP	TUBE LOOP*
Yellow	Light	01-200202	01-200302	01-200402
Red	Medium	01-200203	01-200303	01-200403
Green	Heavy	01-200204	01-200304	01-200404
Blue	Extra Heavy	01-200205	01-200305	01-200405
Black	Special Heavy	01-200206	01-200306	01-200406



\* This product cannot be sold in Germany.



-		0	0
-	COLOUR	TOTAL KG / EL	ONGATION %
_	COLOUR	100%	200%
	Tan	0,9	2,3
	Yellow	1,4	3,4
	Red	1,8	4,5
	Green	2,3	5,7
	Blue	2,7	6,8
	Black	3,2	7,9
	Silver	4,5	11,3
	Gold	5,9	14,7

### MoVeS Ankleciser



The MoVeS Ankleciser is a great ankle exerciser, complying to all the rigorous quality standards MVS In Motion demands of its MoVeS products. It's as easy in use as it's effective. The feet slip comfortably into the latex free elastic band which consists of two stitched loops. Available in 4 different resistances, this progressive exercise system enables the user to choose the desired resistance level to perform the exercises.

Available in a set of 4 resistances, or in a 5-pack of the same resistance. Packed in a polybag with full-colour header and exercise chart.

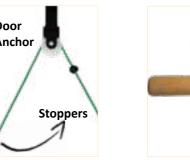




#### MoVeS Shoulder Rope Pulley -**Metal Bracket**







This MoVeS Shoulder Rope Pulley comes with a pulley, wooden handles, nylon cord, stopper system, and metal bracket.

> Unit

**MoVeS** 

**MoVeS** 

Unit

1 pc

CE

Reference Description 01-400102 MoVeS Shoulder Rope Pulley | Metal Bracket | Wooden Handles | Stoppers



bi ex

### MoVeS Shoulder Tube Pulley

Just like the MoVeS Shoulder Rope Pulley, the MoVeS Shoulder Tube Pulley helps increase range of shoulder motion. It can be used for prevention and rehabilitation of shoulder injuries.

The MoVeS Shoulder Tube Pulley has a light, medium or heavy tube.

Each pack contains the selected resistance of tube, soft handles, pulley and door anchor.

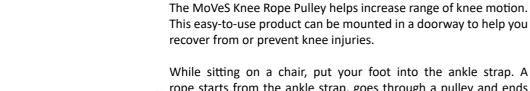
		UNIT	SHOULDER TUBE PULLEY	RESISTANCE	COLOUR	
		1 pc	01-400202	Light	Yellow	
	1	1 pc	01-400203	Medium	Red	
L		1 pc	01-400204	Heavy	Green	
(	C	1 pc	01-400203	Medium	Red	

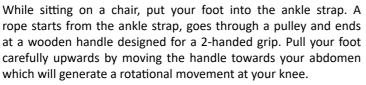
ob ex

For rehab use only

### MoVeS Knee Rope Pulley







The rope length can easily be adjusted at the handle while a print on the ankle strap helps you to secure your foot in the right position. The MoVeS Knee Rope Pulley comes in a full colour cardboard packaging with a pulley, wooden 2-handed handle, ankle strap, nylon cord and door anchor.

Reference Description 01-400301



#### MoVeS Shoulder Rope Pulley -**Door Anchor**

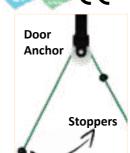
The MoVeS Shoulder Rope Pulley is an economical, easy-to-use device that helps increase range of shoulder motion. It can be used for prevention and rehabilitation of shoulder injuries. This easy to use shoulder rope pulley can be mounted in a doorway.





### WOODEN HANDLES OF CE









#### Reference Description MoVeS Shoulder Rope Pulley | Door Anchor | Notch 01-400101 01-400104 MoVeS Shoulder Rope Pulley | Door Anchor | ECO P 01-400105 MoVeS Shoulder Rope Pulley | Door Anchor | Wood MoVeS Shoulder Rope Pulley | Door Anchor | Hand 01-400103

MoVeS Knee Rope Pulley | Door Anchor | 2-handed Wooden Handle | Ankle Strap





This MoVeS Shoulder Rope Pulley comes with a pulley, door anchor, nylon cord, stopper system and notch handles.

The unique notch handles allow the user to easily adjust the length of the rope through the handle while the revolutionary stopper system is a great aid for consistent and progressive exercising.



The ECO PACK is packed in a polybag, with notch handles but without stoppers on the nylon cord.

This MoVeS Shoulder Rope Pulley comes with a pulley, door anchor, nylon cord, stopper system and wooden handles.



This MoVeS Shoulder Rope Pulley comes with a pulley, door anchor, nylon cord, stopper system and detachable hand support.

This hand support allows patients without gripping power to use the shoulder pulley.

	Unit
h Handles   Stoppers	1 pc
PACK (notch handles, polybag, no stoppers)	1 pc
den Handles   Stoppers	1 pc
Support   Stoppers	1 pc

### **MoVeS** Accessories





The spring loaded buttons of the MoVeS Flex-Ion isolate each digit, so the strong fingers cannot compensate for the weaker ones. This results in a better, faster and easier to control rehab process. MoVeS Flex-Ion is available in 6 colour coded units with gradual resistance. This gradual resistance helps the therapist measure progress. The ergonomic base adds comfort and stability. Comes with a full colour and multilingual instruction manual.



	, <u>,</u> , ,	,	
Tan	0,35kg   1,1kg	0	02-000101
Yellow	0,7kg   2,3kg	1	02-000102
Red	1,4kg   4,5kg	2	02-000103
Green	2,3kg   7,3kg	3	02-000104
Blue	3,2kg   10,4kg	4	02-000105
Black	4,1kg   14,1kg	5	02-000106
MoVeS Flex-Io	on Set   6 Resistances   1 Disp	olay	02-000111
MoVeS Flex-Io	02-000121		







Reference	Description	Unit
01-300001	MoVeS Wall Mount (Plug & Play)	1 pc
01-300101	MoVeS Safety Handles	pair
01-300102	MoVeS Soft Handles	pair
01-300103	MoVeS Door Anchor	1 pc
01-300104	MoVeS Universal Assist	1 pc
01-300106	MoVeS Band & Tubing scissors NEW	1 pc







22







UNIT	
1 pc	
set	~ ~
1 pc	LE



po m ex

### Varigrip Therapy

Resistance adjustable per finger The VariGrip Therapy has the ability to adjust tension in each individual finger, the resistance from each single finger knob can easily be adjusted. Resistance can be increased incrementally on the patient's need, which minimises overcompensation and strain. The VariGrip allows the patient to progress steadily between resistance levels.

5 different resistance levels are available. Each Varigrip's highest resistance ends where the next VariGrip resistance starts. Any other hand exerciser increases from Light (1,4kg) to Medium (2,3kg). That's almost a 70% increase gap, which can cause an overload on the muscles, resulting in injuries. The seamless progress from one VariGrip to the other, supported by the padded finger and palm area, guarantees a safe recovery and better feel for those with sensitivity issues.

Comparison Chart: VariGrip vs Digi-Flex <sup>®</sup> / Flex-Ion (kg per digit)										
VariGrip	X-Li	X-Light Light			Mec	lium	He	avy	X-H	eavy
Digi-Flex <sup>®</sup> / Flex-Ion	0,7	1,4	1,4	2,3	2,3	3,2	3,2	4,1	4,1	n/a

and the second sec					
COLOUR	RESISTANCE	LEVEL	REFERENCE	UNIT	0
COLOOK	(range per digit)				Ő
X-Light	0,7kg - 1,4kg	1	02-100102	1 pc	2
Light	1,4kg - 2,3kg	2	02-100103	1 pc	
Medium	2,3kg - 3,2kg	3	02-100104	1 pc	
Heavy	3,2kg - 4,1kg	4	02-100105	1 pc	
X-Heavy	4,1kg - 5,4kg	5	02-100106	1 pc	
VariGrip Set	5 Resistances   1 Dis	olay	02-100107	set	
VariGrip Emp	ty Display   Plastic		02-100108	1 pc	して





**Varigrip Sport** 



po m ex

VariGrip Sport has the patented ability to adjust the tension level in each individual finger, allowing the user to create a custom programme to build and improve endurance, strength and dexterity more effectively for individual fingers, as well as the entire hand, wrist and forearm. VariGrip Sport is the only exerciser of its kind that includes a callus builder, ideal for climbers, gymnasts, gamers, musicians and athletes of all levels.

Reference	Description	Resistance (kg)	Unit
02-100303	VariGrip Sport	2,3 - 4,1	1 pc
02-100304	VariGrip Sport Pro	4,1 - 5,4	1 pc

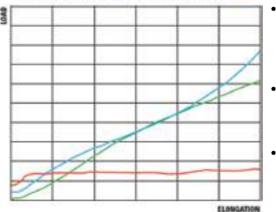




### **Constant Force X-Tend**

Unlike elastic-based exercisers that increase in resistance the further the unit is extended, Constant Force X-Tend uses retractable-based resistance, which keeps a constant level of resistance from start to finish. Ergonomic in design, the Constant Force X-Tend works the Intrinsic and Extrinsic Extensors of the hand and can isolate MP/PIP/DIP joint motion. It also allows each finger to exercise independently with smooth, consistent resistance, thus improving range of motion, endurance, strength and dexterity more effectively.

#### KEY: Constant Force-XTend = RED Extension Product #1 = GREEN - Extension Product #2 = BLUE



Exercise each finger or thumb independently with smooth. sic extensor endurance, wrist and forearm.

COLOUR	RESISTANCE (per digit)	REFERENCE	UNIT	
Light	0,11 kg	02-100403	1 pc	
Medium	0,18 kg	02-100404	1 pc	-
Heavy	0,27 kg	02-100405	1 pc	
	Light Medium	Light 0,11 kg Medium 0,18 kg	Light 0,11 kg 02-100403   Medium 0,18 kg 02-100404	Light 0,11 kg 02-100403 1 pc   Medium 0,18 kg 02-100404 1 pc



Soft touch

extra support. thumb button

range of motion.

The VariGrip Uno includes two easily interchangeable springs. The red spring allows a light resistance for early therapy or light training. Once a higher resistance is required the red spring can be swapped by the green spring, allowing a higher resistance.



Reference Description 02-100204 VariGrip Uno

Unit 1 pc

E







### **Digi-Flex**



Digi-Flex<sup>®</sup> develops isolated finger strength, flexibility and coordination. Suitable for rehabilitation after hand injury. The Digi-Flex<sup>®</sup> comes with an exercise leaflet.

COLOUR	RESISTANCE (1 digit - all digits)	REFERENCE	UNIT	
Yellow	0,7kg - 2,3kg	02-010102	1 pc	
Red	1,4kg - 4,5kg	02-010103	1 pc	_
Green	2,3kg - 7,3kg	02-010104	1 pc	
Blue	3,2kg - 10,4kg	02-010105	1 pc	
Black	4,1kg - 14,1kg	02-010106	1 pc	
Digi-Flex Set	02-010111	set		
Digi-Flex Empt	y Display   Metal	02-010121	1 pc	



### **Digi-Extend**

The Digi-Extend<sup>®</sup> is a unique therapy device that can isolate the extension of all five fingers and each of the individual finger joints. The product strengthens the intrinsic and extrinsic muscle groups to maximise extensor tendon gliding, joint motion, coordination and muscle function in the hand and forearm.

The Digi-Extend<sup>®</sup> focuses on the extensor mechanism of one or all fingers as it targets the area of the hand that needs rehabilitation. Patients can easily change the resistance levels and vary their hand positions for specific exercises to help maximise the exercise goals and prevent injury. The Digi-Extend<sup>®</sup> can also be used for finger adduction, abduction, blocking and flexion exercises. It is compact in design, high-tech, easy and comfortable to use as well as effective in helping patients reach their therapy goals. Four colour coded band resistance levels allow each muscle or joint to work at a comfortable level and build as increased strength is achieved.

Reference	Description	Unit	
02-010201	Digi-Extend   Bands (Tan to Green) included	1 pc	
02-010211	Digi-Extend Set   4 units   1 Display	set	-
02-010202	Digi-Extend Band Set   25 pcs 5x Tan, 5x Yellow, 5x Red, 5x Green, 5x Blue	set	
02-010221	Digi-Extend Empty Display   Metal	1 pc	C



Bands included:

- 4x Yellow

2x Green

- 5x Tan

- 3x Red



thurds band, whit, carpail

turnel & elbow



stage rehabilitation protocols for involution, insury and port-surgery of the finger, thurrds, Narol, astit, curpal, tunnel & elbow.

The Handmaster Plus<sup>™</sup> strengthens the 9 muscles that close the hand as well as the 9 muscles that open the hand. The result is maximum strength, balance and blood flow to the hand, wrist and elbow.



02-050102	Handmaster Plus Soft   Purple Ball - Yellow Cord
02-050103	Handmaster Plus Medium   Red Ball - Black Cord
02-050104	Handmaster Plus Firm   Orange Ball - Grey Cord
02-050111	Handmaster Plus   Set of 3 (one of each level)
	· · · ·



## po m ex



VIA<sup>™</sup> is an entry level hand exerciser designed with young athletes in mind. It has a round, soft look, wide finger pistons for smoother function & improved finger performance.

The VIA<sup>™</sup> is available in two tensions.

RESISTANCE	VIA	UNIT
Light	02-060102	1 pc
Medium	02-060103	1 pc

### **Prohands Series**

E



PRO<sup>™</sup> provides serious athletes with the most advanced hand exerciser in the world. The PRO™ features a larger profile, superior steel springs that resist wear, an integrated ergonomic palm bar for comfort.

The PRO<sup>™</sup> is available in three tensions.

RESISTANCE	RESISTANCE (per digit)	PRO	UNIT
Medium	3,5kg	02-060303	1 pc
Heavy	4,5kg	02-060304	1 pc
Extra Heavy	5,5kg	02-060305	1 pc

### **Handmaster Plus**



Unit	
1 pc	
1 pc	
1 pc	CC
Set	して







The #1 hand exercise web in the world!



**Each Power-Web** comes with a 39 exercise poster

	COLOUR /	POWER-WEB COMBO		
1	Tan /I litra Light	02-020101	-	
	Tan/Ultra Light	Red/Medium	02-020101	-
	Yellow/Light	Green/Heavy	02-020102	-
	Red/Medium	Blue/Super Heavy	02-020103	_
	Green/Heavy	Black/Ultra Heavy	02-020104	



Power-Web Flex-Grip



COLOUR	RESISTANCE	POWER-WEB FLEX-GRIP	
Yellow	Light	02-021102	
Red	Medium	02-021103	
Green	Heavy	02-021104	

COLOUR	RESISTANCE	POWER-WEB
COLOUR	RESISTANCE	JUNIOR
Yellow	Light	02-020302
Red	Medium	02-020303
Green	Heavy	02-020304

W Cb m ex

#### **Power-Web Senior**

E

The Power-Web® Senior is 36cm in diameter and weighs 450g. Its unique patented design allows a variety of exercises to be performed comfortably and effectively. Constructed of high quality rubber with special agents added for durability and strength, the Power-Web® will last for years. Now also available as latex-free!

COLOUF	RESISTANCE	POWER-WEB	POWER-WEB
COLOUR	KESISTANCE	SENIOR	LATEX-FREE SENIOR
Tan	Ultra Light	02-020201	02-022201
Yellow	Light	02-020202	02-022202
Red	Medium	02-020203	02-022203
Green	Heavy	02-020204	02-022204
Blue	Super Heavy	02-020205	02-022205
Black	Ultra Heavy	02-020206	02-022206



### **Power-Web Combo**

The Power-Web<sup>®</sup> Combo features a unique advantage of two resistance levels in one, offering greater flexibility and value. It is identical in size and weight to the Power-Web<sup>®</sup> Senior with the same high quality construction and materials.

E

The creators of the best-selling Power-Web<sup>®</sup>, are proud to present the original Power-Web® Flex-Grip®. The Power-Web<sup>\*</sup> Flex-Grip<sup>\*</sup> is a unique exerciser that fits in your palm and provides the ability to work dexterity, extension and strengthening in your hands, fingers, and thumbs. Available in 3 different resistances, the Power-Web<sup>®</sup> Flex-Grip<sup>\*</sup> has finger and thumb holes and has two sides: one side featuring a ball to squeeze and the other featuring buttons and a thumb pad to exercise fingers separately and increase dexterity and strength in your fingers and thumb.

Latex-free and easy to use!





The MoVeS Squeeze Ball is developed to provide a progressive sequence of 5 colours. It strengthens hands, fingers, forearms and will work the muscles separately or in tandem. The MoVeS Squeeze Ball can be used for rehab as well as for sports training or stress relief.

The MoVeS Squeeze Egg is ergonomically shaped to provide highly effective exercise for the rehabilitation and strengthening of weakened or injured fingers, hands and wrists. Because it is small and easy to use, you can exercise anywhere, anytime.

Available colours/resistances: yellow, red, green, blue and black.

The MoVeS Squeeze Balls & Eggs can help to:

- Rehabilitate post-operative/post-traumatic hands and arms.
- Restore function in hands, arms and shoulders following stroke.
- Reduce pain and stiffness in arthritic fingers, hands and wrists.
- Relax tense, sore muscles and reduce stress.
- Strengthen aging hands and arms.

COLOUR	RESISTANCE	LEVEL	SQUEEZE BALL	SQUEEZE EGG	1 2
Yellow	Extra Soft	1	02-030102	02-030202	
Red	Soft	2	02-030103	02-030203	-
Green	Medium	3	02-030104	02-030204	-
Blue	Firm	4	02-030105	02-030205	
Black	Extra Firm	5	02-030106	02-030206	- (
					-



Anti-microbial agents kill bacterium without additives and resist growth of odour-causing microbes. MoVeS Comfort Putty contains natural anti-microbial without addition of toxic chemicals. This additive ensures the MoVeS Comfort Putty material retains the clean, non-greasy feel from day one. Cheaper alternatives on the market do not contain these agents. As a small amount of bacteria and other micro-organisms will always be present on the patient's hands and because putty should be stored in room temperature conditions, anti-microbial agents are a must to avoid the putty becoming the ideal breeding ground for bacteria and fungi. Anti-microbial agents extend the product's lifespan and improves its cleanliness.



Allow multiple users

### **MoVeS Comfort Putty**

	DECICTANCE	I FVFI	COMFOR	RT PUTTY
COLOUR	RESISTANCE	LEVEL -	85g	454g
White	Special Soft	-1	02-090101	02-090401
Tan	Extra Soft	0	02-090102	02-090402
Yellow	Soft	1	02-090103	02-090403
Red	Medium	2	02-090104	02-090404
Green	Firm	3	02-090105	02-090405
Blue	Extra Firm	4	02-090106	02-090406



	RESISTANCE	ANCE LEVEL						
COLOUR RESISTANCE		LEVEL	57g	85g	113g	170g	454g	2,3kg
Tan	Extra Soft	0	02-040001	02-040101	02-040201	02-040301	02-040401	02-040501
Yellow	Soft	1	02-040002	02-040102	02-040202	02-040302	02-040402	02-040502
Red	Medium	2	02-040003	02-040103	02-040203	02-040303	02-040403	02-040503
Green	Firm	3	02-040004	02-040104	02-040204	02-040304	02-040404	02-040504
Blue	Extra Firm	4	02-040005	02-040105	02-040205	02-040305	02-040405	02-040505



ex

Theraflex<sup>™</sup> Putty strengthens weakened grasp through exercise and is used for rehabilitative exercise or stress relief. It is odourless, does not stain and will not leave any residue on the patient's hands. Theraflex<sup>™</sup> Putty is nontoxic, greaseless, hypo-allergenic and latex-free. Theraflex<sup>™</sup> Putty is available in 5 colours/resistances.

The MoVeS Comfort Putty does everything a great putty should do: it strengthens weakened grasp through exercise and is used for rehabilitative exercise or stress relief. It is odourless, does not stain and will not leave any residue on the patient's hands. MoVeS Comfort Putty is non-toxic, greaseless, hypo-allergenic and gluten and latexfree. MoVeS Comfort Putty is available in 6 colours/ resistances and comes pre-packed.





### **Theraflex Putty**







### **MoVeS Wrist Exerciser**

## **MoVeS** Adjustable resistance

The MoVeS Wrist Exerciser is an adjustable wrist and forearm trainer which allows the user to exercise with progressive resistance. Its ergonomically designed forearm support keeps the wrist in the right place. Together with the soft handgrip, adjustable to 4 positions, it ensures maximum comfort while rehabilitating your wrist and forearm.

Mambo

Reference Description CE 02-070201 MoVeS Wrist Exerciser 1 pc

\\\<u>@</u>@@@

Adjustable Hand Grip

The Mambo Max Adjustable Hand Grip comes in two different versions. Whether it is the 5 to 20 kg light version (orange) or the 10 to 40 kg heavy version (grey), you can always adjust the required tension simply by turning the control knob.



#### ///

•

Reduced mobility presents 3 challenges:

- Keep the person moving;
- Reduce the risk of falling;
- Loss of autonomy.

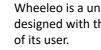
Wheeleo, the rolling cane, is designed to offer a solution to these 3 challenges and offers additional benefits:

- Ease of handling, no special training required; •
- Walking goes a lot faster than with a quadripod cane; •
- Safer walking than with a quadripod cane, as there is constant ground contact;
- One-handed use while still maintaining constant ground contact, the other hand can be used to move an object, to open doors, ...
- Minimal space required and perfect for indoor use where ٠ a rollator is too big.
- Reinforced stability: the wheels offer a security system. A lateral push will result in a lateral movement, not a tilting/ fall.



Reference

03-060101



The Wheeleo is used with one hand. Thanks to its 4 wheels, you do not have to lift it, which improves stability and reduces the risk of falling.

The Wheeleo is super easy to use. Ultra-intuitive, its user will always position it in the right place to guarantee its stability and balance.

in the right position that is comfortable for him, without lifting the Wheeleo.

Adding brakes would be the same as replacing the Wheeleo with a regular cane because the brakes would block the wheels. As a consequence the Wheeleo would tilt and its user would possibly fall.

\$ 77,5 - 101,5cm ↔ 38 x 42cm 0 120kg

Description	Unit
Wheeleo NEW	1 pc

32

#### Wheeleo







Wheeleo is a unique quadripod rolling cane used to improve mobility. It is designed with the aim of offering help without stigmatising the disability

It will make walking trips smoother and safer which will allow the user to maintain or improve autonomy.

An important feature of the Wheeleo is that it does not require brakes to prevent its user from falling. Thanks to its rolling design, the Wheeleo will always be placed in the right position for its user.

When losing balance, the user will automatically push the Wheeleo





03-UPPER & LOWER BODY EXERCISE



## cb m

### MoVeS Oxycycle 2 - Passive



03-010103 MoVeS OxyCycle 3 Pedal Exerciser | EU-plug

03-010103 UK MoVeS OxyCycle 3 Pedal Exerciser | UK-plug

03-020201

**MoVeS Handgrip Pedals** 

pair



#### For PASSIVE training only

The MoVeS OxyCycle 2 Pedal Exerciser is a great tool for personalised, low-stress workouts at home. The adjustable speed level makes it a great product to progressively strengthen your arms and legs. This pedal exerciser provides low impact exercise to increase strength and flexibility, is versatile for both upper and lower body and it improves the blood circulation. It offers up to 60 Watt of motorized assistance. It has enough power to maintain a constant rotational speed, whereas cheaper models only carry a 30 Watt motor. A safety stop will avoid injury in case of cramp or muscle spasm. The MoVeS OxyCycle 2 has a light-weight compact design, adjustable speed and a multi-function LCD display readout of scan, time, count, RPM-level and estimated calories burned. A non-skid mat and interchangeable handgrip pedals are included.

> The OxyCycle 2 comes with half-foot pedals and handgrip pedals.

03-UPPER & LOWER BODY EXERCISE

1 pc

1 pc



For ACTIVE and PASSIVE training

The MoVeS OxyCycle 3 Pedal Exerciser is a great tool for personalised, low-stress workouts at home. The adjustable speed level and resistance makes it a great product to progressively strengthen your arms and legs. This pedal exerciser provides low impact exercise to increase strength and flexibility, is versatile for both upper and lower body and it improves the blood circulation. It has a reliable 80 Watt motor to offer enough power to maintain a constant rotational speed, whereas cheaper models only carry a 30 Watt motor. A safety stop will avoid injury in case of cramp or muscle spasm. The MoVeS OxyCycle 3 has a lightweight compact design, adjustable speed & resistance, a 15-minute timer switch and a multi-function LCD display readout of scan, time, count, total count and calories burned. A non-skid mat and interchangeable handgrip pedals are included.





#### Curamotion

EXER 1 96 x 45 x 45 (cm) / 11,5 kg Wall mount included



146 x 45 x 54 (cm) / 13,5 kg Wall mount included Adjustable height

EXER 2

Improvement of blood circulation, muscle strength, joint range of motion and shoulder exercise. The CuraMotion Exer Series has an adjustable resistance and a multi-functional LCD-display readout scan which indicates rotation count, rotations per minute, time exercised and calories consumed.

All are easy adjustable with a quick release knob.





EXER 3 37 x 38 x 70 (cm) / 9 kg With foot stands

Reference	Description	Unit	
03-030101	CuraMotion Exer 1	1 pc	
03-030102	CuraMotion Exer 2	1 pc	
03-030103	CuraMotion Exer 3	1 pc	cr
03-030104	CuraMotion Exer 4	1 pc	して





EXER 4 96 x 45 x 45 (cm) / 13 kg Wall mount included



#### **MoVeS Pedal Exerciser**

MoVeS Pedal Exercisers are ideal for restoring impaired muscle strength, improving blood circulation and give a better coordination to the legs or arms. It can be used on a table top as an arm exerciser or on the floor to give the legs a workout. A convenient resistance control knob allows a broad range of pedal resistance for a progressive exercise programme.

- and calories)
- •



### MoVeS Standard Pedal Exerciser | Premium Chrome C E

- Pre-assembled •
- Pedal straps adjustable to two positions ٠
- Quality chrome finish ٠
- In colour box or on specific demand in bulk with separate colour box ٠



#### MoVeS Standard Pedal Exerciser K/D CE

- Knock-down for compact shipping and storage (only 6 screws to assemble or disassemble) •
- Pedal straps adjustable to two positions
- Budget solution ٠



03-010203 MoVeS Foldable Pedal Exerciser + LCD Display



03-010203



Unit					
1	рс				
1	рс				
1	рс				





#### **Fit Stretch**



SAEHAN

The Saehan Cycles are professional pedal exercisers aimed at

rehabilitation. Pedalling improves blood circulation and will in-

tance (0 - 13 kg) which increases or decreases the effort, result-

The Clinical version from the Saehan Cycle has an even higher level of adjustability. The distance between pedal and crank can

be adjusted and the resistance knob indicates the level selected.

Together with the convenient grips to attach the Saehan Cycle to a (wheel)chair and different extra accessories, this product

will be an essential item in any professional's practice room.

crease strength and flexibility after an injury or for elderly. Both the Home and Clinical Saehan Cycles include attachments to fit the pedal exerciser to a chair or even a wheelchair. The pedal exerciser's length can be perfectly adjusted to the user when his feet are fitted in the pedals with foot straps. A convenient turning knob makes it possible to adjust the resis-

### **MoVeS Wooden Incline Board**

The incline board increases extension in the lower and upper back while stretching the calves. It can be used:

to improve the general posture,

///

- to stretch the calf muscles of athletes, football players and sportspersons in general, •
- to stretch the upper-leg muscles (Ischias),
- to increase extension in the lower and upper back.

#### MoVeS Wooden Incline Board - Ladder



The MoVeS Wooden Incline Board - Ladder is made out of natural birch wood and is very resistant. It is adjustable in 4

different angles (10°, 15°, 20° and 25°). After using the MoVeS Wooden Incline board, it can easily be folded to achieve its compact form when not in use

#### MoVeS Wooden Incline Board - Fix



### **Plastic Incline Board**

Apart from stretching the calf and upper-leg muscles, the incline board is a fantastic device to improve general posture and extension in the lower back.

Made of a composite plastic for a maximum load of 250kg. Adjusts to 4 levels and folds flat (8cm) to store easily. Angles are 5°, 15°, 25° and 35°. The last slot on the board makes an excellent hand-hold for stretching. Non-slip top measures 35x35 cm.

### ີດີ 250kg

///





The Mambo Max Fit Stretch is a fantastic, simple and portable tool to stretch your lower leg muscles. It is perfect for warmups and cool-downs. The use of a Mambo Max Fit Stretch helps increase your ankle, shin and calf flexibility. It is made of durable, moulded plastic and includes a non-skid foot pad.



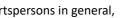


Because the Saehan Cycle - Clinical is a product aimed at professionals, we offer various accessories to increase its flexibility and user's safety. Be aware these do only apply to the clinical cycle, not to the home cycle.

Reference	Description	Unit
03-010311	Clinical Cycle Accessory   Long front leg	1 pc
03-010312	Clinical Cycle Accessory   Extension arm (right = left)	1 pc
03-010313	Clinical Cycle Accessory   Hand strap - right	1 pc
03-010314	Clinical Cycle Accessory   Hand strap - left	1 pc
03-010315	Clinical Cycle Accessory   Long (straight) leg brace set	1 pc
03-010316	Clinical Cycle Accessory   Bent leg brace	1 pc

ing in a progressive exercise programme.

#### Reference Description Unit 03-010301 Saehan Cycle - Home 1 pc 03-010302 Saehan Cycle - Clinical 1 pc







0 150kg

The new MoVeS Wooden Incline Board - Fix is perfect for who's looking for an easy and budget-friendly Incline Board. It's made of polymerised wood for a strong feel and high user weight. The inclination (17,5°) is perfect for physiotherapy exercises.





#### Jumping Fitness Trampoline



Ready to use

The improved Mambo Max Jumping Fitness Trampoline is equipped with bungee cords and a handlebar. Bungee cords protect and support joints and ligaments by providing a deeper and gentler bounce. This allows the muscles to work more, and for a longer period of time, burning calories efficiently without placing unnecessary strain on the body.

Similar to our complete range of trampolines, the Mambo Max Jumping Trampoline helps to flush the lymphatic system, where most toxins are stored. Rebounding also provides an ideal balance of gravity and weightlessness to stimulate the organs and work major and minor muscles in the body. It also serves other core functions, from digestion to mental health.

Finally, bungee trampolines tend to be quieter,

sturdier and more reliable than spring trampolines,

making upkeep and maintenance a breeze.

\$ 74-109cm (handrail height from mat)

Ø 106cm / \$ 32cm

0 200kg





Metal hooks

Bungee cords

Foldable Legs



ReferenceDescriptionUnit03-111102Mambo Max Jumping Fitness Trampoline1 pc



## -



### **B-Pod Trampoline**



Ø trampoline 96cm / Ø C-Hoop: 58cm \$ mat: 26cm \$ C-hoop: 50-80cm (C-hoop height from mat)

Unit

1 pc

120kg

The Health Bounce Pod<sup>™</sup> is the only device on the market able to provide a safe and suitable environment for elderly and injured people to exercise. It is robust, balanced, adjustable, and comfortable. It has been designed by professional trampoline athletes in cooperation with specialists in the field of extreme trauma and accidents.

The adjustable C-hoop, connected to the steel frame by 4 symmetrically placed springs makes it friendly to use by people with sight loss, who can exercise freely and up to their own capability. No other form of exercise can be so easily available with true benefits, with the extra bonus of being fun!

## ᠢ 🐠 🎸 Triggerpoint Rollers

Massage rollers are used to put pressure on the muscles' triggerpoints and to loosen the tension in the muscles. Trigger points are often the cause of different pains.

SPIKY FOAM ROLLER

‡ 33cm Ø 13cm

#### HOLLOW FOAM ROLLER

The Mambo Max Hollow Foam Roller can easily help people who are experiencing long term pains. Its three-dimensional pattern with different shapes replicates the massage from a therapist's hands. The larger surfaces allow a superficial massage while the smaller shapes are designed for a deeper massage.



#### **ERGONOMIC FOAM ROLLER**



#### **3-IN-1 FOAM ROLLER**

The Mambo Max 3-in-1 foam roller combines 3 different foam rollers in one package. Thanks to its smooth surface, the outer part is perfect for a superficial massage. The second part has grooves which can be used for a deeper massage and to exercise higher pressure on the trigger points. Finally, with the inner massage stick it's possible to exercise high pressure on sore muscles to improve blood circulation and the muscles' recovery time. This last item is available as a separate product too: The Mambo Max Massage Stick.

Reference	Description	Unit
04-050101	Mambo Max Hollow Foam Roller	1 pc
04-050102	Mambo Max Ergonomic Foam Roller	1 pc
04-050103	Mambo Max Spiky Foam Roller NEW	1 pc
04-050301	Mambo Max 3-in-1 Foam Roller	1 set
04-050201	Mambo Max Massage Stick	1 pc

ReferenceDescription03-110202B-Pod Trampoline

03-UPPER & LOWER BODY EXERCISE



The Mambo Max Spiky Foam Roller is designed for deeper massage & acupressure therapy. The spikes make it possible to get deeper into the muscles to relieve tension and soreness and to improve mobility. It also has a bi-directional zone for comfort when rolling along the spine. The Spiky Foam Roller is mainly used for stretching, self-massage, body support and stability exercises.

↔ 33cm Ø 14cm

The Mambo Max Ergonomic Foam Roller is a curved hollow foam roller, which enables more exercises. Except rolling back and forth, it's possible to make sideways movements. More muscles will be addressed through which the body will be toned even more. The soft foam in combination with the nipples is perfect for trigger point massages. The central groove will reduce pressure on the spine.



#### MASSAGE STICK

KIVIAL

04-WELLNESS

08-MEASUREMEN



This yoga set consists of:

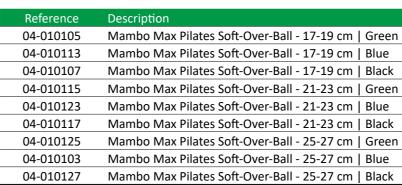


Mambo

### SOFT-OVER-BALL







FOAM ROLLER 🞺

The Mambo Max Foam Roller has been designed for Pilates training and spine exercises (back aches) and is made of EVA. Ideal for balance and stabilisation exercises. Foam rollers are used for stretch and strength exercises, as well as for massage and relaxation.



Reference	Description	Unit
04-010102	Mambo Max Pilates Foam Roller - EVA   90cm	1 pc
04-010104	Mambo Max Pilates Foam Roller - EVA   45cm	1 pc



Foam covered fiberglass resistive exercise ring with foam padded grips. For exercises focusing on strength, balance, flexibility and posture. The Mambo Max Pilates Ring adds light resistance to pilates exercises and helps target specific muscle groups. Often used to help tone the arms and thighs, and increase the core strength challenge of an exercise.

#### Ø 38 cm

Reference	Description	Unit
04-010101	Mambo Max Pilates Ring	1 pc



Reference	Description	Unit
04-010201	Mambo Max Yoga Mat	1 pc
04-010202	Mambo Max Yoga Block	5-pack
04-010203	Mambo Max Yoga Strap	1 pc
04-010211	Mambo Max Yoga Set   1 Mat   2 Blocks   1 Strap	Set

### **Stepping Stones**

It can also serve as a foot massage tool while seated.



#### The non-slip 16 cm Mambo Max Stepping Stone is an amazing tool to spice up your workout. They can be used by both children and adults for indoor and outdoor workouts to improve dynamic balance, body awareness and coordination.

Unit



The Stepping Stones now come in bright and vivid colours: yellow, orange, red, purple, blue and green.

They are packed in cardboard boxes per 6 pieces and each piece has a different colour.

ĺ	ິ່ມ 100kg		
	Reference	Description	

04-030141 Mambo Max Stepping Stone 6-pack

111 Cb Sh

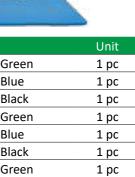
42



The Mambo Max Soft-Over-Ball is an inflatable ball used for resistance work in Pilates. It is a wonderful tool for adding focus and energy to your workouts. In addition, when slightly deflated,



it can be used as a soft prop under the head, neck, feet, back... Now available in 3 different colours and sizes, giving a range of 9 different Soft-Over-Balls.



exercises

1 pc

1 pc



#### **Sitting Cushions**



Mambo Max Sitting Cushions are air-filled cushions for active and dynamic sitting, recommended by therapists. These easy-to-carry air cushions activate intrinsic trunk muscles to support the spine and are suitable for everybody. The surface from these sitting cushions can easily be cleaned with soap and



Reference	Description	Unit
04-020301	Mambo Max Comfort Cushion 33   Blue + Needle Pump	1 pc
04-020302	Mambo Max Comfort Cushion 33   Red + Needle Pump	1 pc
04-020303	Mambo Max Comfort Cushion 33   Black + Needle Pump	1 pc
04-021301	Mambo Max Comfort Cushion 33   Blue in Polybag	1 pc
04-021302	Mambo Max Comfort Cushion 33   Red in Polybag	1 pc
04-021303	Mambo Max Comfort Cushion 33   Black in Polybag	1 pc
04-020101	Mambo Max Standard Cushion 33 + Needle Pump	1 pc
04-020102	Mambo Max SensAir Cushion + Needle Pump	1 pc
04-020103	Mambo Max Standard Cushion 37 + Faster Blaster Pump	1 pc
04-020201	Mambo Max Sitting Wedge + Faster Blaster Pump	1 pc



### ///\_

### **Massage Tools**

The Knobble® II massage tool is made of durable polymer with a band of non-latex. The Knobble® II gives your hand more power when you need it. Use either the tip or the base for applying pressure on yourself or others. The Knobble® II doesn't replace your healing hands, it just helps them do more and last longer.



The Index Knobber® II massage tool is a simple device designed to let you apply deep pressure to muscles within easy reach of your hand. It is the ideal instrument for clinic or home use allowing for firm, sustained pressure on targeted muscle. It's unique design allows it to be used in several hand positions and by the right or left hands comfortably and interchangeably.



Description

Jacknobber II

Palmassager

Backnobber II

Knobble II NEW

Index Knobber II

Reference

04-031101

04-031102

04-031103

04-031104

04-031105

///

The Palmassager<sup>™</sup> is one of the most efficient massage therapy aids available anywhere. Hold it firmly in the palm of the hand and use one, two or three of its round knobs to massage sore muscles. It is used for back, shoulder, arms and legs.

The Backnobber® II massage tool is allows the user Unit to apply as much 1 pc pain-releasing 1 pc pressure as long 1 pc as required to achieve remarkable effects. A locking mechanism allows it to 1 pc come apart for convenient travel and storage. 1 pc

### Massage Ball, Roll & Ring

The Mambo Max Massage Balls, Roll & Ring are used for relaxing muscles and reducing tension by relieving trigger points. The Mambo Max Massage Ball helps to strengthen hands and feet and to improve coordination and flexibility. It can be used for massage as well as to improve dexterity skills.



Reference	Description	Unit
04-030103	Mambo Max Massage Ball 6 cm	1 pc
04-030105	Mambo Max Massage Ball 7 cm	1 pc
04-030107	Mambo Max Massage Ball 8 cm	1 pc
04-030109	Mambo Max Massage Ball 9 cm	1 pc
04-030111	Mambo Max Massage Ball 10 cm	1 pc
04-030121	Mambo Max Massage Roll 16 cm	1 pc
04-030131	Mambo Max Massage Ring	1 pc

111 00 00 00



The Jacknobber® II massage tool can be used in many ways to apply deep pressure to myofascial trigger points and areas of muscle tension. The smaller knobs provide more intense pressure while the larger knobs provide a more diffuse pressure. Use one knob at a time to press deeply into taut bands with embedded trigger points; use two knobs at a time on either side of the spine.

















The Mambo Max Gym Mats provide a soft touch and comfortable exercise environment. They are perfect for gym & fitness. Non-slip, well-cushioned surface with a unique closed cell structure. The mats are equipped with plastic rings 40cm apart so they can be suspended while not in use. Each mat comes with a handy storage/carry strap.

The Comfort Gym Mat is a new addition to our line-up and comes in 3 popular colours: black, blue and magenta.

Our well-known 1,5cm-thick exercise mats are now called 'Xtra Comfort Gym Mat' to highlight the extra comfort they offer compared to thinner mats. They continue to be available in widths of 60cm and 100cm.



The Mambo Max Gym Mat Hanger holds up to 10 mats. Distance between bars is 40cm.

		100
Reference	Description	Unit
05-030001	Mambo Max Gym Mat Wall Hanger   for 10 mats	1 pc
05-030303	Mambo Max Comfort Gym Mat   140 x 60 x 1 (cm)   Blue   Rings   Strap	1 pc
05-030304	Mambo Max Comfort Gym Mat   140 x 60 x 1 (cm)   Black   Rings   Strap	1 pc
05-030305	Mambo Max Comfort Gym Mat   140 x 60 x 1 (cm)   Magenta   Rings   Strap	1 pc
05-030101	Mambo Max Xtra Comfort Gym Mat   180 x 60 x 1,5 (cm)   Red   Rings   Strap	1 pc
05-030102	Mambo Max Xtra Comfort Gym Mat   180 x 60 x 1,5 (cm)   Green   Rings   Strap	1 pc
05-030103	Mambo Max Xtra Comfort Gym Mat   180 x 60 x 1,5 (cm)   Blue   Rings   Strap	1 pc
05-030201	Mambo Max Xtra Comfort Gym Mat   180 x 100 x 1,5 (cm)   Red   Rings   Strap	1 pc
05-030202	Mambo Max Xtra Comfort Gym Mat   180 x 100 x 1,5 (cm)   Green   Rings   Strap	1 pc
05-030203	Mambo Max Xtra Comfort Gym Mat   180 x 100 x 1,5 (cm)   Blue   Rings   Strap	1 pc



Xtra

Comfort

With rings

and carry strap.

1,5cm

### **Fabric Elastic Band**

The Mambo Max Fabric Elastic Band consists of 10 consecutive loops. This great toning and work-out tool is suitable for early training up to professional athletes. Three different resistances are available, while the 10 consecutive loops allow you to spice things up. Physical training can be intensified by using a lower amount of consecutive loops resulting in a higher resistance.



COLOUR	RESISTANCE	REFERENCE	UNIT
Light	7 kg	05-120107	1 pc
Medium	10 kg	05-120110	1 pc
Heavy	15 kg	05-120115	1 pc

### Dynadome

Half sphere, inflatable exercise dome. This versatile product enables the user to perform exercises on both sides of the product, allowing it to be used for a full body work-out as well as for balance exercises. Basically it's Mambo Max' economical answer to the BOSU<sup>®</sup> system, but with extra tubing and handles!







The Mambo Max Fabric Elastic Band is durable and extremely versatile. It can be used for stretching, toning or even as an alternative for dumbells as a weight training accessory. The progressive resistance offers you a broad range of exercises.







### **Aerobic Step**



Step aerobics is a form of aerobics that is practised worldwide by millions of people. The reason for its popularity is simple, it offers a great cardio workout without the need for extensive space or equipment.

While the aim of aerobics is to increase the body's consumption of oxygen, step aerobics builds on that goal by offering a more intense workout. The Mambo Max Aerobic Step provides this extra boost by incorporating the action of stepping onto the platform to intensify the workout. It is low impact, and doesn't stress the joints as much as running or jogging.





Faster Blaster Pump

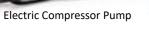


Mambo

leference	Description	Unit
5-070101	Mambo Max Aerobic Step	1 pc



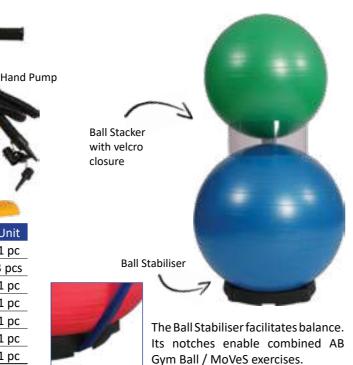








Needle Pump



## 🗤 🐠 🍻 🎻 🍏 🖉 AB Gym Ball ANTI-BURST

The Mambo Max AB (Anti-Burst) Gym Ball increases flexibility, improves strength, fitness and posture. Exercising with this ball also enhances your balance and coordination. All AB Gym Balls are Anti-Burst: if the ball gets punctured by a sharp object the ball won't burst, thus reducing risk of injury.

**350**kg Yes, 350 kg!!!

a polybag containing only the ball and plug.

Ecofriendly pvc. Heavy metal content in compliance with EN 71 Standards. Phthalates content meets EU-directive 2005/84/EC.

Ball Size	Colour	Body Height	Mambo Max AB Gym Ball Box + Faster Blaster Pump	Mambo Max AB Gym Ball Polybag	Unit
45cm	Yellow	< 125 cm	05-010102	n/a	1 pc
55cm	Red	125-150 cm	05-010103	05-010203	1 pc
65cm	Green	150-175 cm	05-010104	05-010204	1 pc
75cm	Blue	175-185 cm	05-010105	05-010205	1 pc
85cm	Black	185-200 cm	05-010106	n/a	1 pc
95cm	Silver	> 200 cm	05-010107	n/a	1 pc





The Mambo Max AB (Anti-Burst) Peanut ball helps users who struggle with the instability of a regular gym ball. The peanut shape offers extra sideway stability, which gives more confidence to start working out



Mambo Max AB Peanu Peanut Ball Size Colour + Faster Blaster Pur Red 50 x 100cm 05-011103

111 00

///



This extremely durable Mambo Max AB Gym Ball comes in a Mambo Max cardboard retail pack, including AB Gym Ball, Faster Blaster Pump, Exercise Chart, Plug and Plug Remover.



The Mambo Max AB Gym Ball is also available in the budget pack:

Budget Pack



The Mambo Max AB Peanut Ball offers a more predictable therapy or fitness training as it can only roll in one direction. This certainly is a huge benefit for children, elderly or people who suffered an injury. In addition, Peanut Balls are very popular amongst pregnant women and are very helpful devices during labour.

Similar to our regular Mambo Max AB Gym Ball, the Peanut Ball is

Anti-Burst: if the ball gets punctured by a sharp object the ball won't burst, thus reducing risk of injury.

The Mambo Max AB Peanut Ball comes in a Mambo Max cardboard retail pack, including Faster Blaster Pump and Plug.

ut Ball	Unit	
mp	Onit	
	1 pc	

#### **Balance Board**



The Mambo Max Balance Board is an effective tool for balance training and fitness exercises. Stand on the rounded platform and start balancing. It is also a great tool to strengthen your ankles and thigh muscles. For a more severe balance training, add the included screw-on top to your Mambo Max Balance Board.

Ø 42cm \$ 5-8cm ີ [] 100kg



Reference	Description	Unit
05-040201	Mambo Max Balance Board	1 pc



111 Cb ex

#### Wooden Balance Boards

The Mambo Max Wooden Balance Board is your perfect partner if you want to improve your balance on an ecologic and high-end product. The Wooden Balance board is available in 3 versions: Uni-Directional, Standard & Sport. Their different form and balance point make it possible to have 3 products with a very different character and level of difficulty.

Children and elderly could experience a balance board with pivot point as too challenging. The Uni-directional Balance Board offers more confidence. This enables the user to improve body stability without the fear of falling.

A Uni-directional Balance Board offers a more predictable training as it can only pivot in one direction. When turning the Balance board upside-down, the arches can be used as push-up grips. Once the user is ready for the next level of training, the

> Balance Board Rehab or Sport are ideal next steps in the process.

The Balance Board Standard is lower than the Balance Board Sport. In addition with its smoother pivot point, it reacts completely different than the Sport. It's a great middle step between the Balance Board Uni-Directional and Balance Board Sport.

The most challenging Balance Board is our Sport version, which, as the name specifies, makes it a real sport. Finding your balance and avoiding the edges touching the ground is hard and requires you to use all your muscles in your body. It's a great and fun way to exercise a full-body workout.

Reference	Description	Unit
05-040001	Mambo Max Wooden Balance Board - Standard	1 pc
05-040002	Mambo Max Wooden Balance Board - Sport	1 pc
05-040003	Mambo Max Wooden Balance Board - Uni-directional	1 pc



40cm x 40cm / \$ 10cm Uni: 0 150kg

Standard: □40cm x 40cm / \$ 6cm Max inclination: 12,5° 150kg





### **Balance** Pad

Zeduced price

This foam balance pad provides the comfortable exercise environment needed to perform reinforcing balance exercises. Its soft and thus unstable surface challenges the user to work the foot-, ankle-, and leg muscles.

> Available in three versions: 1 rectangular right angle shaped pad, 47 x 39 x 6 (cm), blue 1 rectangular chamfered shaped pad, 47 x 39 x 6 (cm), anthracite 2 oval shaped pads, 37 x 22 x 6 (cm) - sold per pair

Reference	Description	Unit
05-040301	Mambo Max Balance Pad   Rectangular   Blue	1 pc
05-040303	Mambo Max Balance Pad   Rectangular   Anthracite	1 pc
05-040302	Mambo Max Balance Pad   Oval   Blue	pair

**Balance Trainer** 

The Mambo Max Balance Trainer is designed for balance training. Use it to improve your sense of equilibrium, coordination, reaction and motor skills. It is also ideal for muscle exercise. The Mambo Max Balance Trainer can be adjusted by can be used as inflating and deflating the air through the valve. It can be used for lying, kneeling, sitting and stepping movement and it can be Sitting Cushion incorporated with other exercise equipment to spice up your rehabilitation.

	Ø 45cm ≎ 16cm 100kg	
- · · ·		

Reference	Description	Uni
05-040102	Mambo Max Balance Trainer 45	1 p
05-040103	Mambo Max Balance Trainer 60	1 p

### 🥌 Balance Board Freeman

The Mambo Max Balance Board Freeman is an effective tool for balance training. Stand on the rounded platform and start balancing. This is a great way to strengthen your ankles and thigh muscles. The handgrips on the bottom are used for upper body balancing and workouts.



05-040202 Mambo Max Balance Board Freeman





Ø 60cm \$ 14cm 0 100kg



Ø 40cm \$ 8cm

0 100kg

**05-FITNESS** 

### **Body Twister**



The Mambo Max Body Twister is your ideal partner to slim your thighs, waist and hips. While twisting your body, the disc below your feet turns and glutes, abdominals and legs are being trained. Continue to twist your body from side to side to tone all muscles in your body. The Mambo Max Body Twister is also an effective product to enhance balance and coordination.

> Ø 25cm \$ 3cm 100kg

Ekilibre



Reference	Description	Unit
05-100101	Mambo Max Body Twister	1 pc

/// BEGINNER 🚳 🥌

**\\\** 

The Mambo Max Balance Plate "Ekilibre" is designed for balance training. Combining balance pad with balance board, it offers the best of both worlds. It improves your sense of equilibrium, coordination, reaction and motor skills. It can be used for lying, kneeling, sitting and stepping movement and it can be incorporated with other exercise equipment.



60cm x 39cm \$ 9cm ີດີ 100kg



///





Ø 39cm \$ 9cm 100kg

2.6		
Reference	Description	Unit
05-040501	Mambo Max Ekilibre   Beginner *	1 pc
05-040502	Mambo Max Ekilibre   Intermediate *	1 pc



\* Can not be sold in Canada



### Wooden Work-Out Station



Mambo Max Wooden Work-Out Station + Tube with Handles + Carabiner 05-110099 Mambo Max Pair of Tubes with Handles + Carabiner

**05-FITNESS** 





With the Mambo Max Wooden Work-Out Station an even higher amount of exercises is suddenly available. The cleverly spread rings allow you to attach a resistive exercise band or tubing for various vertical and diagonal exercises.

The Work-Out Station is designed to fit an Aerobic Step or a set of Oval Balance Pads. This mix of various products results in a complete and challenging workout. Combining balance with resistive exercise triggers many different muscles in your body. The Mambo Max Wooden Work-Out Station truly offers

a complete and three-dimensional workout.

Outer Dimension: 103 x 40 (cm) Inner Dimension: 96 x 33 (cm)









#### **MEDICA Düsseldorf - Germany** 16 - 19 November 2020

MEDICA has been the largest medical trade fair in the world and the event on the agenda of

medical experts for over 40 years. In 2019, the fair welcomed 5,100 exhibitors, nearly 130,000 visitors from 144 countries and had a satisfaction rating for closed deals of 96%.



Cologne - Germany

#### 8 - 11 April 2021

FIBO Global Fitness is an expo for sports, nutrition, and healthy lifestyle. It brings global top decision makers of the industry together looking for the latest innovations and trends for their gyms, wellness facilities, doctors and physiotherapy practises, etc...



#### **Therapie Hamburg** Hamburg - Germany 22 - 23 October 2021

///

Therapie Hamburg is the new platform in northern Germany for physiotherapists, occupational thera-

pists and sports therapists as well as speech therapists, masseurs and lifeguards. Innovations, products and industry trends are shown here.

> Arab Health By Informa Markets **ARAB HEALTH** Dubai - UAE

> > 21 - 24 June 2021

Arab Health is the largest gathering of healthcare and trade professionals in the MENA region. With over 55,000 local and international visitors, 4,250 exhibitors and participants from over 150 countries, Arab Health is truly where the healthcare world comes to do business.









111_05_05	<u>Coated</u>	Dumbbel	L		Mambo
The Mambo Max Dumbbells ar or neoprene. The vinyl coating i water based disinfectant.	s easy washab	le or can be treat	ed with a		
The neoprene coating has an ad superior grip.	ded resin to g	ve them a scrubby	y feel and		
Available in 7 weights with matc The Dumbbell Rack holds 6 Dum		de.			
9		k		-	
		vinyl			
					117
	1			-	L
		1			
	1				
					(
Description	Weight	Vinyl	Neoprene	Unit	(.
Mambo Max Dumbbell	0,5kg	06-010102	06-010202	pair	2
Mambo Max Dumbbell	1,0kg	06-010103	06-010203	pair	neoprene
Mambo Max Dumbbell	1,5kg	06-010104	06-010204	pair	
Mambo Max Dumbbell	2,0kg	06-010105	06-010205	pair	(Carling and Carling and Carli
Mambo Max Dumbbell	3,0kg	06-010107	06-010207	pair	
Mambo Max Dumbbell	4,0kg	06-010108	06-010208	pair	and and a
Mambo Max Dumbbell	5,0kg	06-010109	06-010209	pair	
Mambo Max Dumbbell rack	n/a	06-00	00101	1 pc	
		• • • • •			
\\\ <u>@</u>		SoftMeds	<u>5</u>		Me and my body
Mambo Max SoftMeds are colou	ir coded hand	weighted balls that	at are small and fl	exible	Mambe
enough to grasp with one hand,					
vinyl cover makes it easy to hold	and is a safe a	nd effective way to	o add weight train	ing to	
your workout. Mambo Max SoftMeds are fully i	inflated and	adu to uso strai-h	t out of the here	Whon	
needed, air pressure can be adju			it out-oi-the box.	when	All and a second s
			)	~	State 1 and
		Sold per			
		70°		12	and the second sec



### Swim Noodle Noodles can be used as resistance equipment for

muscle strengthening or as floating device. They are made of ultra-flexible foam that can bend into any shape. Ideal for aquagym, for fitness exercises and a perfect way to strengthen muscles in the water, especially the abdominals. Also great for relaxation and fun in the pool.

Ø 7cm ↔ 150cm

///

Reference Description Unit 05-050101 Mambo Max Swim Noodle 1 pc

U	nit
1	рс
_	

06-STRENGTH



### Wrist & Ankle Weight



Reference	Description	Weight	Unit	
06-020102	Mambo Max Wrist & Ankle Weights	0,5kg	pair	
06-020103	Mambo Max Wrist & Ankle Weights	1kg	pair	
06-020104	Mambo Max Wrist & Ankle Weights	1,5kg	pair	
06-020105	Mambo Max Wrist & Ankle Weights	2kg	pair	
06-020107	Mambo Max Wrist & Ankle Weights	3kg	pair	
06-020108	Mambo Max Wrist & Ankle Weights	4kg	pair	
06-020109	Mambo Max Wrist & Ankle Weights	5kg	pair	



///

Reference	Description	Weight	Unit
06-020202	Mambo Max Thumb Lock Wrist Weights	0,5kg	pair
06-020203	Mambo Max Thumb Lock Wrist Weights	1kg	pair

weights will remain in place.

The Mambo Max Thumb Lock Wrist Weight enables you to fix the weight to your thumb, ensuring a fixed position during your entire workout. Being it boxing, running or Zumba, the



To quickly build stamina and muscle, simply add Mambo Max Wrist and Ankle Weights to your workout. They are filled with iron sand and will effectively shape and tone your body and can be worn anywhere. Wear them around the office, out shopping or at the gym. Eventually, your body will adjust to running, walking and living with this extra weight.







#### **Medicine Ball**

A medicine ball (also known as an exercise ball, a med ball, or a fitness ball) is often used for strength training as it plays an important role in the field of sports medicine. Medicine ball training is one of the oldest forms of strength and conditioning training – the first reference to wrestlers training with sand filled bladders appears in Persia nearly 3000 years ago. In ancient Greece the physician Hippocrates had his patients throw them back and forth for injury prevention and rehabilitation.

Reference	Description	Ø	Ur
06-030103	Mambo Max Medicine Ball - 1kg	20cm	1
06-030104	Mambo Max Medicine Ball - 1,5kg	20cm	1
06-030105	Mambo Max Medicine Ball - 2kg	20cm	1
06-030107	Mambo Max Medicine Ball - 3kg	22cm	1
06-030108	Mambo Max Medicine Ball - 4kg	22cm	1
06-030109	Mambo Max Medicine Ball - 5kg	27cm	1
06-000301	Mambo Max Medicine Ball rack (6 balls)		1



### Kettlebell

The Mambo Max Kettlebells are an important part of any fitness or CrossFit training. Made from high quality iron surrounded with a colourful vinyl coating, they will not damage any surfaces when being stored. Starting from 2 kg up to 24 kg, we also offer you a complete set, including a premium quality Kettlebell Rack, which can hold up to 150kg per shelf (total of 300kg).



Available in: 2 - 4 - 6 - 8 - 10 - 12 - 16 - 20 - 24kg

Reference	Weight	Description	Unit
06-050102	2kg	Mambo Max Kettlebell Sky Blue	1 pc
06-050104	4kg	Mambo Max Kettlebell Pink	1 pc
06-050106	6kg	Mambo Max Kettlebell Yellow	1 pc
06-050108	8kg	Mambo Max Kettlebell Red	1 pc
06-050110	10kg	Mambo Max Kettlebell Green	1 pc
06-050112	12kg	Mambo Max Kettlebell Blue	1 pc
06-050116	16kg	Mambo Max Kettlebell Black	1 pc
06-050120	20kg	Mambo Max Kettlebell Silver	1 pc
06-050124	24kg	Mambo Max Kettlebell Orange	1 pc
06-051001	Mambo N	Max Kettlebell Rack	1 pc
06-051101	Mambo N	Max Kettlebell Rack with 1 Kettlebell of each weight	set









06-STRENGTH

07-THERMAL TREATMENT

**08-MEASUREMENT** 



The Para Pro is a professional paraffin wax heating bath which is made to be used on 220/230 Volt power sockets and which can be used 24/7. In combination with our premium paraffin pearls it only needs between 2 and 3 hours to completely melt 2,5kg of paraffin. The temperature is adjustable from 40-60°C and is easy to control due to the digital thermometer.



Paraffin Blocks:

- Green fully refined paraffin wax
- Melting point: 46°C ٠
- Tea Tree scented



#### Defenses Description

Reference	Description	Unit	
07-100101	MoVeS Para Pro Bath + 2,5kg Paraffin Pearls - White   EU-plug	1 pc	_
07-100101 UK	MoVeS Para Pro Bath + 2,5kg Paraffin Pearls - White   UK-plug	1 pc	_
07-100206	MoVeS Para Pro Bath + Set of 6 Paraffin Blocks 46°C (2,72 kg) - Tea Tree Green   EU-plug	1 pc	
07-100206 UK	MoVeS Para Pro Bath + Set of 6 Paraffin Blocks 46°C (2,72 kg) - Tea Tree Green   UK-plug	1 pc	_
07-110102	MoVeS Paraffin Pearls - 2,5kg - White	1 pc	_
07-110125	MoVeS Paraffin Pearls - 25kg - White	1 pc	_
07-110206	MoVeS Paraffin Blocks 46°   Set of 6 x 453g (2,72 kg) - Tea Tree Green	1 pc	_
07-109801	MoVeS Insulating Gloves for Para Pro Bath   Blue	1 pair	(
07-109802	MoVeS Disposable Gloves for Para Pro Bath	10 pairs	



pearls or 6 blocks (2,72kg) of Tea Tree Green Paraffin free of charge.

Para Pro Specifications:

- Outer dimensions: 39cm x 25cm x 18cm (l x w x h) •
- Inner dimensions: 32,5cm x 18cm x 13cm (l x w x h) ٠
- Weight: 3,1kg •
- 220 V: No transformer needed, which will lengthen the durability. ٠
- Low power consumption once the paraffin has melted
- 24-hours a day fully operational
- Fast melting between 2 3 hours!
- Adjustable temperature (40 60°C) ٠
- Digital thermometer

#### Paraffin Pearls:

- White fully refined paraffin wax
- Congealing point: 53°C
- Melting point: +/- 54°C
- Meets the purity requirements of BGA1, Ph.EUR.2 and FDA3

1. Bundesgesundheitsamt recommendation No. XXV B II; 2. European Pharmacopoeia, current edition; 3. Food and Drug Administration, § 172.886 Petroleum Wax



E



#### PearlPack

PearlPacks are reusable Hot/Cold Packs filled with small pearls. Hot and Cold Therapy can be applied to relieve pain and inflammations associated with muscle strain and sprain. This dual applicability makes them a strong alternative to ordinary heating pillows and ice packs. The small pearls absorb heat or cold, which they can retain for 20 minutes. During these 20 minutes, these packs will relieve a part of the pain.

Not only do they look good, the products are very convenient in use. PearlPacks won't feel wet nor drip after freezing or heating them, avoiding a mess. All materials used are non-toxic and odourless.

Besides relieving pain from an injury or muscle strain, hot/cold packs are often used to reduce swelling after an operation. PearlPacks truly are multifunctional products.





#### 07-040301: PearlPack Knee/Elbow

This offers a solution for Hot/Cold therapy on the knee or elbow joints. The large opening ensures that your knee or elbow remains free and can continue to move freely, while the Pearl technology sends direct relief to the pain. The flexible velcro strap keeps the pack firmly in place.



## eyes or sinusitis.

#### 07-040201: PearlPack Back Wrap

This large pack divided in 3 segments is equipped with velcro strap. It fits perfectly around the patient's waist for an optimal pain relief on the back. The pearls can be pushed from one segment to the other if one area of the back needs less or more thermal treatment.



07-040101: PearlPack Sport Pack

Reference	Description	Dimension	Unit
07-040101	MoVeS PearlPack - Sport Pack	19cm x 12,5cm	1 pc
07-040201	MoVeS PearlPack - Back Wrap	43cm x 17,5cm	1 pc
07-041101	MoVeS PearlPack - Eye Mask	22,5cm x 7,5cm	1 pc
07-040301	MoVes PearlPack - Knee/Elbow NEW	37cm x 25,6cm	<u>1 pc</u> 1 pc

07-THERMAL TREATMENT



#### 07-041101: PearlPack Eye Mask

This mask adapts to the patient's face and has a fabric strap. Hot treatment can be applied when eyes feel dry or if there's an infection of the eyelid. Cold treatment will help when suffering from headaches, swollen



This portable classic pack can be applied on any part of the body.

07-THERMAL TREATMENT



MoVeS Roll-On packs combine hot/cold treatment with practicality. The tubular shape and flexible material allow an easy roll-on application, even after being heated or frozen. The various sizes will fit perfectly over finger, wrist, ankle or knee. This design ensures that the whole area will benefit from the hot or cold treatment.

From the same factory as the original Torex® products. Reusable, non-toxic and latex free. Available in 5 sizes.





Reference	Description	Inside Ø	Circumference	Uses:	Unit
07-050101	MoVeS Roll-On Pack   Finger	2,5cm	One size fits all	Finger	1 pc
07-050102	MoVeS Roll-On Pack   Small	10,0cm	Fits up to 25cm	Hand, Wrist, Arm, Elbow	1 pc
07-050103	MoVeS Roll-On Pack   Medium	12,5cm	Fits 25cm - 38cm	Hand, Wrist, Arm, Elbow, Ankle	1 pc
07-050104	MoVeS Roll-On Pack   Large	15,0cm	Fits 38cm - 53cm	Elbow, Ankle, Foot, Calf, Knee	1 pc
07-050105	MoVeS Roll-On Pack   Extra Large	17,5cm	Fits 53cm - 58cm	Knee, Thigh	1 pc



### **Torex Pro Ankle Boot**





### Hot/Cold Pack

The MoVeS Hot/Cold Packs are usable for hot as well as cold therapy. This dual applicability makes them a strong alternative to ordinary heating pillows and ice packs. The versatile, reusable packs deliver hot and cold therapy effectively and economically. The use of the MoVeS Hot/Cold Pack is unlimited and its material is non-toxic. Even below -20°C it remains soft. The MoVeS Hot/Cold Pack can be bent in any angle, allowing maximum coverage of joint and muscle.

All Hot/Cold Packs can be heated in the microwave and can be frozen in the freezer. Temperature holds for approximately 30 minutes.

MoVeS Hot/Cold Pack | Classic - Gel

MoVeS Hot/Cold Pack | Standard - Gel

Sold per 10 pieces

The classic (and economical) transparent Hot/Cold Pack. The special gel is non-toxic and biodegradable.

Our standard Hot/Cold Pack is a nylon covered gelpack. The special gel is non-toxic and biodegradable.



MoVeS HOT / COLD PACK

100% polyester protection sleeve for hot/cold packs. Machine washable. Available in 3 sizes.

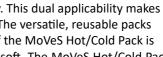


Moves HOT / COLD PACK

	1	*
) =	1	
1	**	
a star	the second	
	-	

		and the second se		1000		
Dimension		N	IoVeS Hot/Cold Pag	cks	<b>Protection Sleeve</b>	Unit
		Classic (gel)	Standard (gel)	Soft Touch (clay)	100% polyester	Unit
15cm x 25cm	Small	07-010102	07-010202	07-010302	07-020102	10 pcs
20cm x 30cm	Medium	07-010103	07-010203	07-010303	07-020103	10 pcs
25cm x 35cm	Large	07-010104	07-010204	07-010304	07-020104	10 pcs
33cm x 47cm	XXL	n/a	07-010206	n/a	n/a	1 pc
40cm x 20cm	Tri-Sectional	n/a	07-010211	07-010311	n/a	10 pcs

60





#### MoVeS Hot/Cold Pack | Soft Touch - Clay

The Soft Touch is improved with a more user friendly surface. The frost-free surface allows usage in direct contact with the skin. Filled with clay, a 100% natural product.

Sold per 10 pieces



#### 07-040201: XXL Hot/Cold Pack

This is ideal for pain relief on shoulders and back and has a nylon cover.

Sold per single piece!



07-010311: **Tri-Sectional** Hot/Cold Pack

(

07-THERMAL TREATMENT

61



#### **EAR & FOREHEAD thermometer**

The infrared thermometer is used for measuring body temperature by two-in-one functions: Ear and Forehead temperature. It is suitable for medical unit and home use.

- Fast and easy temperature measurement by advanced infrared technology
- Range between 34.0°C~43.0°C ٠ Accuracy;  $<35.0^{\circ}C$  and  $>42.0^{\circ}C = \pm 0.3^{\circ}C$ 35.0°C~42.0°C = ±0.2°C
- Tri-colour backlit; •
  - <37.4°C = Green
  - 37.4°C~38.0°C = Yellow
  - >38.0°C = Red
- Memory mode ٠
- Suitable for both infants and adults
- Easy operating and cleaning ٠
- Automatic power off after 60 seconds
- 2 AAA alkaline batteries







direct contact with the skin. Can measure between 5-15 cm from the skin.

- Detailed 34 memories with time/date ٠
- Response time: 1 second
- Effective distance: 5-15cm
- User guidance by infrared beam
- Fever alarm







CE





Reference	Description	Unit
08-070501	Blood Pressure Monitor + Cuff NEW	1 pc

### 季 🍜 Fingertip Pulse Oximeter

A Pulse Oximeter is a very important and common device to check patient blood-oxygen saturation (SpO<sub>2</sub>) level and pulse rate. As a small, compact, simple, reliable and durable physiological monitoring device, Fingertip Pulse Oximeter greatly enhances patient care.



- Menu-function setting (beep sounds, etc.) ٠
- Lithium battery; automatically power off ٠
- Gravity function, automatic rotating reading option

Reference	Description
08-070201	Fingertip Pulse Oximeter  Adult   OLED   2 x AAA
08-070202	Fingertip Pulse Oximeter   Junior   OLED   Rechargeab

Reference Description Unit 08-070301 Infrared Thermometer | Ear & Forehead auto-sensing | 2 x AAA 1 pc 08-070303 Infrared Thermometer | Shotgun | Forehead auto-sensing | 2 x AAA NEW 1 pc

Features:

- Large LCD display: 72mm x 43,5mm
- 2 users, 99 memories per user
- Irregular heart beating sign
- Indicating blood pressure level in 4 colours
- Average of last 3 records
- Low power
- Over pressure protection
- Automatic switch-off





#### ADULT oximeter

Features:

٠

•

- Dual colour OLED displays SpO<sub>2</sub>, PR, pulse bar and waveform
- SpO<sub>2</sub>; measurement range between 70%~99%
- Accuracy; ±2% on the stage of 80%~99%
- PR; measurement range between 30BPM~240BPM
- Accuracy; ±1BPM or ±1% (the larger one)
- Low power indicator
- 6 display modes with adjustable brightness
- Automatically power off
- AAA alkaline batteries

	Unit	
	1 pc	<i>c c</i>
ble NEW	1 pc	
		-



Set



The Grip Strength Testing and Research (G-STAR) is an easy to use software tool which automates grip strength testing and endurance testing in both clinical and research environments. All patient information and their test results are stored in an Access database.

Range: 0 - 90kg (200lb) / Minimum requirements: Windows XP + USB port

Reference Description Saehan Digital Hand Dynamometer - DHD-3 (incl. 0 08-010202

SAEHAN

The Hydraulic Hand Dynamometer gives accurate grip strength readings without the patient being able to "feel" the handle move. The adjustable handle has 5 positions to accommodate to any hand size. The indicator remains at the patient's maximum reading until it is reset. Has a scale in kilograms. Comes in a











		,
G-STAR software) 1	рс	

#### **Pinch Gauge**

### SAEHAN

#### 08-020102: Mechanical Pinch Gauge

Used for hand-strength testing by measuring tip, key and palmar pinch force. Made of durable painted stainless steel. Mechanical properties will not degrade over time. It can serve as a diagnostic tool or for monitoring the progress of rehabilitation.

#### 08-020101: Hydraulic Pinch Gauge

Uses the improved hydraulic system of the hand dynamometer to assure convenience, product reliability, measurement accuracy and repeatability. This results in a more accurate test result for all pinch tests.





Lift platform and chain to perform

lifting evaluation not included.

Description

Reference

08-010501

08-010502

Reference	Description	Unit	
08-020101	Saehan Hydraulic Pinch Gauge	1 pc	(6
08-020102	Saehan Mechanical Pinch Gauge	1 pc	して

**Push-Pull Dynamometer** 

Dual Grip

Range: 0 - 45kg (100lb)

Baseline Hydraulic Push-Pull Dynamometer

Dual Grip for Push-Pull Dynamometer

Unit

1 pc

1 pc

E



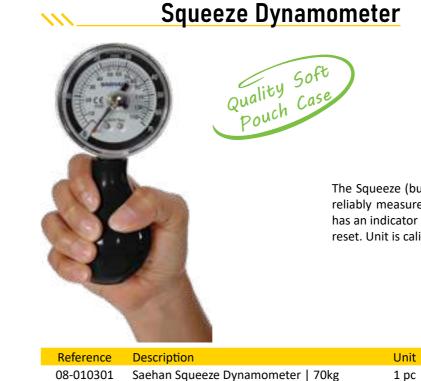
A simple, easy-to-use, ergonomically designed instrument that objectively measures push, pull and lift forces for manual muscle testing, functional capacity evaluation and job task evaluation at a remarkably affordable price.

Because the instrument is lightweight, small and portable, you can perform precise, objective evaluations in your practice or at the patient's location. The

easy-to-attach dual grip handle can be used when measuring larger forces.

Quality Hard

Case Box



#### **Smedley Hand Dynamometer**



Reference 08-010401 Saehan Smedley Hand Dynamometer - Ergonomic Handle

#### Back-Leg-Chest Dynamometer

Measure strength of back, leg and chest. Base provides secure footing. Chain length is adjustable to accommodate for height differences or to vary the point of force application. Shows pounds and kilograms. Pointer remains at maximum until reset. Comes fully assembled with 1,5m chain. Range: 0 - 300kg (660lb)

Reference	Description	Unit
08-010601	Saehan Back-Leg-Chest Dynamometer	1 pc





The Squeeze (bulb) Dynamometer is the inexpensive device to reliably measure hand and finger strength. The dynamometer has an indicator dial that remains at the maximum reading until reset. Unit is calibrated in pounds and kilograms.

Range: 0 - 70kg (150lb)



The Smedley spring-type Dynamometer

Unit

1 pc









### Fat Caliper

Professional light-weight aluminium caliper. Measurement arms with floating tips to assure accurate and reproducible results. 65mm scale is large and easy to read. Corrective scale for sex and age included in multilingual manual.

- Professional, very accurate unit with spring loaded levers and low-pressure bearings for constant pressure.
- Scale permits reading up to 65mm
- Aluminium casted to insure years of reliable use.
- Includes carrying case
- CE marked and FDA approved







The Plastic Skinfold Caliper from Baseline is the inexpensive alternative for skinfold analysis. Spring loaded arm assures reproducible "pinch". Read directly from the 50mm scale. Ideal instrument for screening large population. The Plastic Skinfold Caliper comes with a booklet and tables.

CE

SAEHAN

Enjoy the ability to measure body fat easily, by yourself, in the privacy of your own home, with the reliability and accuracy that you expect from world class training tools. Recommended in Body-for-LIFE and endorsed by the World Natural Bodybuilding Federation, Accu-Measure® Personal Body Fat Testers have gold standard accuracy to within 1.1% of underwater weighing results. Each Accu-Measure<sup>®</sup> Fitness 3000 model comes with:

- An original Accu-Measure<sup>®</sup> Personal Body Fat Tester •
- **Body Fat Measurement Instructions**
- Men's and Women's Body Fat Measurement Charts
- Body Fat Tracking Charts with the Right Way to Weigh •
- Questions and Answers on Body Fat and Calipers and Body Fat Tips •



08-040103



08-040102

The FatTrack® FITNESS TK Body Transformation Toolkit enables you to measure (and track) Body Fat %, Lean Body Mass, your workouts, macronutrient information and more by yourself - Easily, accurately and in the privacy of your own home!

Each FatTrack FITNESS TK Includes:

- Updated FatTrack<sup>®</sup> Fitness Digital Body Fat Caliper
- User Manual with instructions
- Body Tracker Software
- MyoTape Body Tape Measure
- FREE copy of "Improve Your Measuring Skill" with practical pointers for • getting the best measurement readings and valuable information on ideal weight and muscle mass.

Reference	Description	Unit
08-040101	Saehan Skinfold Fat Caliper   Aluminium - Green	1 pc
08-040104	Baseline Skinfold Fat Caliper   Plastic - Black	1 pc
08-040103	Accu-Measure Skinfold Fat Caliper   Plastic - White	1 pc
08-040102	FatTrack Skinfold Fat Caliper   Digital	1 pc

#### Inclinometer

Baseline's Bubble and Digital Inclinometers are used to measure range-of-motion (ROM).



Reference	Description	Unit	
08-060101	Baseline Bubble Inclinometer	1 pc	-
08-060201	Baseline Digital Inclinometer	1 pc	

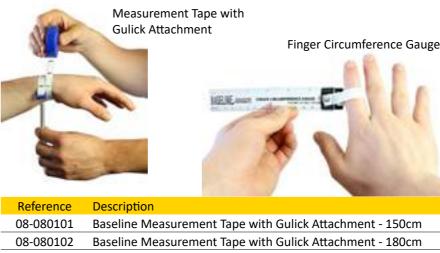
#### **Scoliometer**



Scoliometers are inclinometers designed to measure trunk asymmetry or Angle of Truncal Rotation (ATR) used in scoliosis screening programmes.

Reference	Description
08-060102	Pedi-Scoliometer
08-060104	Baseline Plastic Scoliometer

#### **Measurement Tape**



08-080103 Baseline Measurement Tape with Hands-free Attach 08-080201 Baseline Finger Circumference Gauge - 15cm





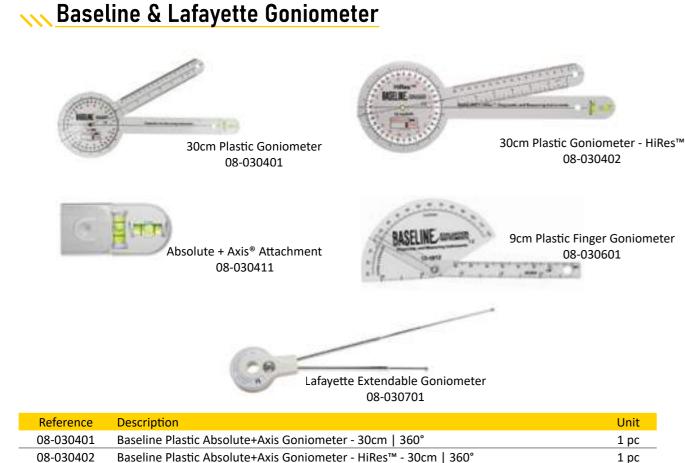
Unit	
1 pc	CC
1 pc	して

Measurement Tape with Hands-free Attachment



	Unit	
nt - 150cm	1 pc	_
nt - 180cm	1 pc	
hment - 150cm	1 pc	<i>c c</i>
	1 pc	

01-RESISTIVE EXERCISE
02-HAND EXERCISE
03-UPPER & LOWER BODY EXERCISE
04-WELLNESS
05-FITNESS
06-STRENGTH
07-THERMAL TREATMENT
08-MEASUREMENT



	08-030402	Baseline Plastic Absolute+Axis Goniometer - HiRes™ - 30cm   360°
	08-030411	Baseline Plastic Absolute+Axis - Attachment Only for 30cm Goniometer
-	08-030601	Baseline Plastic Finger Goniometer - 9cm   Flexion to Hyper-Extension
	08-030701	Lafayette Gollehon Extendable Goniometer with Magnifying Lens - 24cm - 66cm   180°

#### **Goniometer Kit**



#### The Plastic set includes:

Reference

08-030211

08-030121

- Plastic Goniometer 15 cm | 0° to 360° per 1° ٠
- Plastic Goniometer 20 cm | 0° to 360° per 1°
- Plastic Goniometer 30 cm | 0° to 360° per 1°
- Rulong Goniometer 18 cm | 0° to 360° per 2°
- Pocket Goniometer 15 cm | 180° x2
  - Plastic Flexion-Hyperextension goniometer

#### Quality Soft Pouch Case

The Stainless Steel set includes: •

Robinson pocket goniometer 15cm - 180°

1 pc

1 pc

1 pc

1 pc

SAEHAN

E

- Stainless steel goniometer 18cm 180°
- Stainless steel goniometer 35cm 180° x2
- Stainless steel goniometer 35cm 360° Stainless steel finger goniometer 15cm
- X-ray goniometer 20cm 180°

CE

Description	Unit
Saehan Goniometer Set   Stainless Steel   6 pieces	Set
Saehan Goniometer Set   Plastic   6 pieces	Set

### **Plastic Goniometer**

///

Clear plastic permits observation of joint's axis of motion, and its range of motion. The 360° head has three scales calibrated to be used with ISOM (International Standard Of Measurements, STFR) system.



350	cm / 2 opposing 180° scales / 1° increments	
Chines 7	Arm tension is controlled by thumb knob	
1. mm - 2.	08-030203	
10	A CONTRACT OF A	
1000	No. of Concession, Name	

Reference	Description
08-030201	Saehan Stainless Steel Robinson Pocket Goniometer
08-030202	Saehan Stainless Steel Goniometer 20cm   180° x 2
08-030203	Saehan Stainless Steel Goniometer 35cm   180° x 2
08-030204	Saehan Stainless Steel Goniometer 35cm   360°

Reference	Description
08-030301	Saehan Finger Goniometer 9cm   Stainless Steel   180°
08-030302	Saehan Finger Goniometer 15cm   Stainless Steel   180

70



#### **Body Fat Scale**



Baseline BMI Body Fat Scale

Description

Description

Sit & Reach Unit

#### Baseline body fat scale is made with tempered glass. This scale measures weight, body fat and water % and memorises data up to 8 persons. Measurements range from 4% - 45% body fat; 37.8% - 66% body water and 330lb/150kg weight capacity. The Required 1 x 3V battery is included.

Resolution: - 0.1% bodyfat - 0.1% water

Dimensions: 35cm x 35cm x 6cm Product weight: 2kg



Reference

08-060103

Reference

08-070101

### Sit & Reach Unit

Unit

1 pc

When using the Sit & Reach unit you sit with your feet against the "sit and reach box" and flex forward moving the slide bar. Flexion is read directly from the calibrated bar.







CE

Monofilament evaluators are used to measure cutaneous sensory perception threshold.

08-05040	01 08-050421 08-050425		
Reference	Description	Unit	
08-050401	Baseline Tactile Monofilament - LEAP Program - Disposable - 5.07 - 10 g	1 pc	
08-050421	Baseline Tactile Monofilament - 2-piece Set - Normal - 2.83, 3.61 g	Set	1
08-050425	Baseline Tactile Monofilament - 2-piece Set - Protective Sensation - 4.56, 5.07 g	Set	

#### **Tuning Fork**

These aluminium Tuning Forks are developed to measure sensitivity to vibration which can be an indicator of nerve damage. E It is also used for foot exam by diabetic people to check for signs of neuropathy.

	Reference	Description	Unit	
	08-050301	Tuning Fork   128cps	1 pc	-
_	08-050302	Tuning Fork   256cps	1 pc	

### **Neurological Reflex Instruments**

#### 08-050101: Buck Hammer

Two heads for cutaneous sensation evaluation. Comes with a needle and a brush.



#### 08-050103: Taylor Hammer

Use to elicit responses during examination Latex-free!



#### 08-050201: Wartenberg Pinwheel

Elicit cutaneous sensory and pain perception responses.

		Juli	<b>0</b> T Ia
Reference	Description	Unit	a te
08-050101	MoVeS Buck Hammer	1 pc	
08-050102	MoVeS Babinski Hammer	1 pc	
08-050103	MoVeS Taylor Hammer	1 pc	_
08-050104	MoVeS Dejerine Hammer NEW	1 pc	
08-050105	MoVeS Troemner Hammer NEW	1 pc	
08-050201	MoVeS Wartenberg Pinwheel	1 pc	CE

### **Discriminator**

08-050204





08-050203 Touch-Test 2-point Discriminator

Reference	Description	Unit
08-050203	Touch-Test 2-point Discriminator	1 pc
08-050204	Baseline 2-point Discriminator	1 pc
08-050205	Baseline 3-point Discriminator	1 pc
08-050206	Baseline 2-point Discrim-A-Gon, 2 Disk Set	1 pc

 $\sim$ 



08-050102: Babinski Hammer Pointed bottom can be used as gross aesthesiometer.

#### 08-050104: Dejerine Hammer

This hammer is used for testing deep tendon reflexes in a diagnostic evaluation. It features a double-sided head composed of two rounded rubber surfaces for increased patient comfort.



#### 08-050105: Troemner Hammer

This hammer is shaped like a two-headed mallet. The larger mallet is used to elicit tendon stretch reflexes, and the smaller mallet is used to elicit percussion myotonia.





#### 08-050205 Baseline 3-point Discriminator



08-050206 Baseline 2-point Discrim-A-Gon, 2 Disk Set



#### **TENS device**



The Neuropex TENS is accepted to be far more accurate than a standard TENS machine.

- Highly user friendly with 3 programs and modes:
  - B (burst)
  - C (continuous)
  - M (Pulse Rate Modulation)
- Regulated pulse width control for adjustable intensity and stimulation strength
- Clear plastic window allows controls to be viewed during operation
- Easy to use and very compact ٠
- Adjustable intensity and stimulation strength •
- Protective case for easy electrode storage and transportation
- Complete set of electrodes, in-built timer, complimentary spare battery





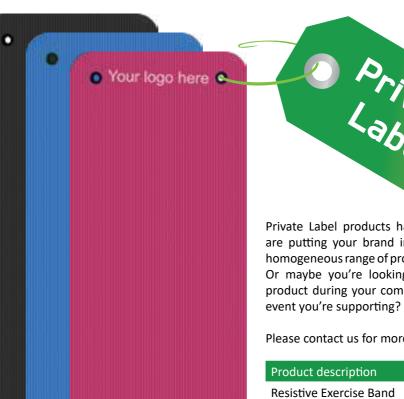


Neuropex Long Lasting Self-Adhesive Electrodes Resealable pouch for safe storage ٠

- 4 Electrodes per pack
- 50mm x 50mm
- Ideal for use with all Neuropex TENS and Interferential devices



We have nice products, but you would like your own brand or your customer's name on the band, loop, superloop ...? We'll do it! Together with our manufacturers from all the products in our range, we can create your desired product with the look you want. We can replace our logo with yours, change the colour, even the packaging can be tweaked to your needs. Private Labels will allow you to design the product the way you want to match it to your company's or customer's identity.





Reference	Description	Unit	
08-070401	2-Channel Professional TENS unit	1 pc	<i>c c</i>
08-070411	Replacement TENS Electrode - 4 piece set	set	

## PRIVATE LABEL



Private Label products have the same quality as all our products, but are putting your brand in the spotlights. This is perfect if you need a homogeneous range of products or want to increase your brand awareness. Or maybe you're looking for a one time opportunity: a promotional product during your company's special occasion, a gift for visitors or an

Please contact us for more information about pricing and volume.

Product description	Minimum Order Quantity
Resistive Exercise Band	5.000m per colour
Resistive Exercise Loop	500 pcs per colour
Soft-Over-Ball	3.000 pcs per colour
Hollow Foam Roller	300 pcs
AB Gym Ball	500 pcs
NBR Comfort Gym Mat NBR Xtra Comfort Gym Mat	300 pcs per colour
Pearl Packs	500 pcs
Plastic Goniometer	2.000 pcs
Various other products	Contact us for more info

### <u>AFTERSALES</u>

///

#### **MVS IN MOTION CALIBRATION SERVICE**

Measurement Instruments are calibrated at manufacturing with a full one year guarantee, before sending them to users all over the world. Ideally, these instruments should be recalibrated every year.

In order to make this happen in an easy and inexpensive way, Hydraulic Hand Dynamometers (Saehan, Jamar, Baseline...) and Hydraulic Pinch Gauges are recalibrated by our experts at the MVS In Motion Centre in Tisselt - Belgium. This operation consists of re-establishing the exact relationship between the force applied to a dynamometer and the measurement it shows. Small repairs can be done as well.



After each recalibration, you will receive an updated calibration certificate, certifying accurate and repeatable test results.

If you have many calibrations to do, you might consider buying your

Reference	Description	Unit
08-019901	Calibration Unit	1 pc
08-019900	Calibration & Repair	-

#### **MVS IN MOTION REPAIR CENTRE**



Since machines are designed and assembled by humans, they are not flawless. That is why MVS In Motion installed an inhouse repair centre, to swiftly and correctly solve any problems that may occur with our products.

No matter what the cause, be it faulty fabrication or misuse, our technician will shine his light on the problem.

Send an email to our customer service department to inform us on the type of problem and the serial number/production date of the device. After our authorisation, please send over the patient, accompanied by your name and client number and a brief description of the symptoms to info@mvs-in-motion.com. We'll do our best to have him cured in no time.

<b>3</b> -in-1 Foa	am Roller	41	Flex-Ion
Accessori	es	22	Foam Hand Grip
Adjustabl	e Hand Grip	32	Foot Pump
Aerobic S	tep	48	Goniometers
Anklecise	r	19	Gym Ball
Babinski I	Hammer	73	Gym Mat
Back Wra	р	59	Hand Pump
Back-Leg-	Chest Dynamometer	67	Handmaster Plus
Balance B	oards	50,51	Hollow Foam Roller
Balance P	ads	51	Hot/Cold Packs
Balance T	rainers	51	Hydraulic Hand Dynam
Ball Acces	sories	48	Hydraulic Hand Evalua
Ball Stabil	liser	48	Incline Boards
Ball Stack	er	48	Inclinometer
Band		6-9,15	Kettlebells
Band & Tu	ubing Scissors	22	Knee Rope Pulley
Band Late	ex-Free	11	Knee/Elbow Wrap
Bar		18	Loop
Blood Pre	ssure Monitor	63	Massage Ball, Roll & R
Body Fat	Scale	72	Massage Stick
Body Twis	ster	52	Massage Tools
Buck Ham	imer	73	Measurement Tape
Comfort I	Putty	31	Medicine Ball
Constant	Force X-Tend	25	Monofilament
Cuff-Ring	Tube Loop	18	Multi-Grip Exerciser
Curamoti	on	36	Needle Pump
Dejerine	Hammer	73	Neurological Instrume
Digi-Exter	nd	26	O-Ring Tube Loop
Digi-Flex		26	Oximeters
Digital Ha	nd Dynamometers	65	Oxycycles
Discrimin	ators	73	Paraffin Bath
Door Anc	hor	22	Peanut Ball
Dumbbell	S	55	PearlPacks
Dynadom	e	47	Pedal Exercisers
Ekilibres		52	Pilates Foam Roller
Electric Co	ompressor Pump	48	Pilates Ring
Ergonomi	c Foam Roller	41	Pinch Gauge
Eye Mask		59	Power-Webs
Fabric Ela	stic Band	47	Prohands Series
Faster Bla	ster Pump	48	Pumps
Fat Calipe	r	68	Push-Pull Dynamomet
Figure 8-F	Ring Tube Loop	18	Puttys
Fit Stretch	ı	38	Ring Tubes

## INDEX

			••••
	23	Roll-On Packs	60
	32	Saehan Cycle	38
	48	Safety Handles	22
	70-71	Scoliometer	69
	49	Shoulder Rope Pulleys	20,21
	46	Shoulder Tube Pulley	20
	48	Sit & Reach Unit	72
	27	Sitting Cushions	44
	41	Smedley Hand Dynamometer	67
	61	Soft Handles	22
mometer	65	SoftMeds	55
ation Kits	64	Soft-Over-Ball	43
	39	Spiky Foam Roller	41
	69	Sport Pack	59
	57	Squeeze Balls & Eggs	30
	20	Squeeze Dynamometer	67
	59	Stepping Stones	42
	13,17	Superloop	17
Ring	45	Swim Noodle	54
	41	Taylor Hammer	73
	45	TENS Device	74
	69	Theraflex Putty	31
	57	Thermometers	62
	72	Thumb Lock Wrist Weight	56
	19	Torex Pro Ankle Boot	60
	48	Trampolines	40
ents	73	Triggerpoint Rollers	41
	18	Troemner Hammer	73
	63	Tube	12,16
	34-35	Universal Assist	22
	58	Varigrip Sport	24
	49	Varigrip Therapy	24
	59	Varigrip Uno	25
	37	Wall Mount	22
	43	Wartenberg Pinwheel	73
	43	Wheeleo	33
	66	Wide Loop	13
	28-29	Work-Out Station	53
	26	Wrist & Ankle Weight	56
	48	Wrist Exerciser	32
eter	66	Yoga Block	42
	31	Yoga Mat	42
	18	Yoga Strap	42
	I		

///

### TERMS & CONDITIONS

- 1. Terms: Prepayment, unless otherwise specified. Buyer should bear all bank charges.
- 2. Minimum purchase value: An administration fee of €10,00 will be added on all orders below the minimum purchase value of €250,00.
- 3. Freight Terms: Prices are ex-works Tisselt, Belgium. All shipping/delivery costs are at charge of the buyer, unless otherwise specified. Visible damage to goods delivered, not duly noted on the consignment note of the carrier, cannot be compensated in any form.
- 4. Prices: All prices for merchandise purchased are based on seller's price list in effect on the time of the order. Prices can be subject to change without notice.
- 5. Claims: Unless otherwise provided for herein, claims of any kind in goods sold by seller shall be made by buyer to seller, in writing, within a period of seven days after such goods are delivered to buyer.
- 6. Credit and Exchange: Written authorisation must be obtained before returning merchandise for credit or exchange! Prior to return, buyer shall furnish seller an itemized inventory of the products to be returned, and any other information seller may request, such as product lot number, manufacturing date, expiration date, ... In no event shall seller accept products for return more than thirty (30) days after delivery by seller to buyer and products which are damaged, used or not in their original and unopened packaging. Seller will charge a handling fee of ten percent (10%) of the returned goods.
- 7. Finance Charge: A finance charge of 1% per month (12 % per annum) will be added to all amounts past due. A penalty of 15% on value, with a minimum of €40,00, for late payment will be added. Terms of payment are from date seller's invoice and not contingent upon delivery.
- 8. Governing Law: All disputes arising out of all sales by seller to buyer shall be governed by the laws of Belgium and place of jurisdiction is Antwerp, section Mechelen.
- 9. Warranties: Seller warrants that it has good title to the goods purchased by buyer and that its goods will conform to buyer's specifications, if any, except as otherwise provided herein. All other warranties, whether express or implied, and including, but not limited to, the warranty of merchantability and fitness for a particular purpose are excluded. In all events, buyer's sole and exclusive remedy shall be limited to the amount of the purchase price of any product on which a claim is made as its exclusive remedy for breach of the warranty expressed herein and for negligence and otherwise. Seller reserves the right to repair or replace warranted products in its descretion. Under no circumstances shall seller be liable to buyer or any other person for consequential or incidental damages.
- 10. Property: Seller has the exclusive property on the delivered products until buyer has paid the full amount due. This also implies that if buyer does not pay in time, seller has the right to, without prenotice, claim back the delivered goods.







The choice of physiotherapists for 50 years, with know-how and expertise at your service.

www.ferrox.it info@ferrox.it • +39 (0)4 38 77 70 99



Visit our websites for:

- Product information
- Exercise charts and videos
- Shop locator

MVS In Motion - Westdijk 150, 2830 Tisselt (Willebroek) - Belgium

Snap-Stop®